



Shorewood Pineapple Pentathlon Open  
A-BB-B-C  
Hosted by Shorewood Swim Club  
April 30<sup>th</sup>, 2005  
Sanction # 2005-057WI

[www.shorewoodswimclub.com](http://www.shorewoodswimclub.com)

- LOCATION:** Shorewood H. S. VHE Pool  
1701 East Capitol Drive  
Shorewood, Wisconsin 53211
- MEET DIRECTOR:** Hugh Morris  
Phone: (414) 332-6700  
E-mail: [MeetDirector@ShorewoodSwimClub.Com](mailto:MeetDirector@ShorewoodSwimClub.Com)
- FACILITY:** 25-yard pool with six 7' lanes, non turbulent lane markers and backstroke flags, 30" blocks, 10' depth at starting blocks 5' depth for bulk head starts, custom-designed gutters and bulkhead.
- TIMING:** Colorado 5<sup>TM</sup> timing system and scoreboard, in addition to manual stopwatches with two timers.
- RULES:** 2005 US Swimming & Wisconsin short course rules prevail for this meet. In the event of a *false start*, athletes will not be recalled; a *recall rope* will not be utilized, with the exception of an equipment malfunction.
- TIME SCHEDULE:** **Morning Session:** (11 and Older)  
WARM-UPS: 7:00 to 8:00 a.m. Meet begins: 8:05 a.m.  
**Afternoon Session:** (10 and Younger)  
WARM-UPS: Will start immediately at the end of the morning session.  
Afternoon swimmers are guaranteed at least forty-five minutes warm-up.
- The first 1/2 of the warm-up time will be general warm-up only. Entry into the water shall be feet first & only circle swimming allowed. The second 1/2 of the warm-up shall be for sprinting in lanes 2 and 5, additional lanes as needed. One directional swimming from the starting end only, racing starts from starting blocks permitted. Lanes 1,3,4, and 6 will remain open for general warm-up, unless needed for 1-way sprints.
- MEET FORMAT:** All events are timed finals and are pre-seeded. Swimmers must report directly to the blocks for all events.
- RELAYS:** Mixed Pineapple relays will be offered in both sessions.
- AWARDS:** Pentathlon awards will be given to the lowest 8 combined times in 5 events for each age group (excluding relays). Ribbons will be awarded to the top 16 swimmers in each event. Winning relay teams will be awarded Pineapples. Athletes will not be considered for pentathlon awards if they do not swim and successfully complete 5 individual events. All swimmers will receive commemorative T-Shirt.
- ADMISSION FEE:** \$2.00 admission fee per spectator and \$2.00 per heat sheet.
- ELIGIBILITY:** Wisconsin swimmers must be registered with the Wisconsin Local Swim Committee (LSC). All swimmers must be registered with United States Swimming (USS). Swimmer age as of April 30<sup>th</sup>, 2005 shall determine age group eligibility.
- ADAPTIVE SWIMMERS:** if entering an adaptive swimmer please has the coach make a note to that effect on the meet entry information.



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- MAIL ENTRIES:** Completed individual entry forms, waivers & fees to:  
**Hugh Morris**  
**4118 N Prospect**  
**Shorewood, WI 53211**
- ENTRY DEADLINE** Entries must be postmarked by Wednesday, April 23, 2005 and received by 6:00 p.m. Friday, April 25, 2005. E-mail entries will be accepted no later than April 25, 2005, provided that entry hard copies and the Meet Waiver Form and payment are postmarked by April 25, 2005. E-mail entries should not be assumed as accepted unless a confirmation e-mail reply is received. E-mail: [MeetDirector@ShorewoodSwimClub.Com](mailto:MeetDirector@ShorewoodSwimClub.Com). **Use the T-Shirt entry form to collect the shirt size for all swimmers and return by or before April 15<sup>th</sup>, 2005.**
- ENTRY FEES:** \$20.00 per swimmer/session (for up to 5 individual events @ \$3/event, t-shirt, and awards earned) and a \$2.00 *Splash* fee per swimmer; relays are \$12.00 per entry, payable to: **SHOREWOOD SWIM CLUB**. All fees must accompany entries and are not refundable.
- ENTRIES:** Each swimmer may compete in up to five (5) individual events and a relay. The meet will be run using the HY-TEK Meet Manager™ software system. All entries must be submitted on the enclosed entry forms with a **HY-TEK Meet Manager™ compatible disk (3.5-inch) with printed hard copy**. Results will be available for review on the Shorewood swim club web site; file results CL2 files will be distributed to one designated e-mail address for each participating club following the meet.
- ENTRY TIMES:** Submit most current achieved **yard times**.
- OUT OF STATE:** Entrants must bring current USS card to the meet.
- DECK ENTRIES:** **We will not accept deck entries at this meet.**
- FINAL RESULTS:** All teams will be e-mailed a copy of final results and CL2 file within 24 hours after completion of the meet. Results will also be available on [www.ShorewoodSwimClub.com](http://www.ShorewoodSwimClub.com) and [www.WisconsinSwimming.org](http://www.WisconsinSwimming.org). Extra copies may be ordered at the admissions table for \$5.00.
- CONCESSIONS:** Assorted food and drink items will be available at the meet.
- CONDUCT:** All clubs will be responsible for the conduct of their own swimmers. The meet marshals and meet directors have the authority to disqualify swimmers found misbehaving. Per USS, only coaches, swimmers, and Shorewood Swim Club meet workers are allowed on deck. Coaches must display USS credentials at all times while on deck.
- LOST & FOUND:** Located near the table where Heat Sheets are sold.
- FIRST AID:** First Aid will be available at the scoring table.
- OFFICIALS:** There will be a minimum of two starter referees and four total officials.
- PARTICIPATING TEAMS:** Elmbrook Swim Club, North Shore Swim Club, Shorewood Swim Club, Waukesha Express Swim Club



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**Saturday, April 30th, 2005  
 Morning Session**

<i>Girls'</i>		<i>Boys'</i>
<b>Event #</b>	<b>Event</b>	<b>Event #</b>
1	11-12 50 fly	2
3	Senior 100 fly	4
5	11/12 50 back	6
7	Senior 100 back	8
9	11/12 100 IM	10
11	Senior 200 IM	12
13	11/12 50 breast	14
15	Senior 100 breast	16
17	11/12 50 free	18
19	Senior 100 free	20
21	11/12 mixed 300 free relay (6 x 50)	
22	Senior mixed 300 free relay (6 x 50)	

**Saturday, April 30th, 2005  
 Afternoon Session**

<i>Girls'</i>		<i>Boys'</i>
<b>Event #</b>	<b>Event</b>	<b>Event #</b>
23	8&U 25 fly	24
25	10&U 50 fly	26
27	8&U 25 back	28
29	10&U 50 back	30
31	8&U 50 free	32
33	10&U 100 free	34
35	8&U 25 breast	36
37	10&U 50 breast	38
39	8&U 25 free	40
41	10&U 50 free	42
43	8&U mixed 150 free relay (6 x 25)	
44	10&U mixed 150 free relay (6 x 25)	



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**SHOREWOOD SWIM CLUB  
MEET WAIVER FORM**

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USS, Shorewood Swim Club, and the Shorewood Recreation Department, for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athlete(s) and eligible to compete in all events I/we have entered.

CLUB NAME AND ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL: \_\_\_\_\_

COACH AT MEET: \_\_\_\_\_ PHONE: \_\_\_\_\_

CLUB PERSON TO CONTACT FOR QUESTIONS ABOUT THIS ENTRY:  
(AND TO MAIL FINAL RESULTS TO)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

e-mail \_\_\_\_\_ (Meet time line will be sent via e-mail)

-----**RECAP OF ENTRIES**-----

Number of Swimmers: \_\_\_\_\_ x \$15.00 + Number of Relays: \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_

(Minus) RESERVATION FEE PAID \$ \_\_\_\_\_

NET INDIVIDUAL AMOUNT DUE (A)\$ \_\_\_\_\_

SPLASH FEE: TOTAL # SWIMMERS AT MEET \_\_\_\_\_ x \$2.00 = (B)\$ \_\_\_\_\_

TOTAL AMOUNT OF CHECK ATTACHED (A+B)\$ \_\_\_\_\_

MAKE CHECK PAYABLE TO: **SHOREWOOD SWIM CLUB**

ENTRY DEADLINE: **Friday, April 23, 2004** (Postmarked)

MAIL ENTRIES TO:  
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**T-Shirt Order Deadline: April 15<sup>th</sup> 2005**. If additional T-Shirts are ordered for non entered swimmers, coaches, parents etc., please include these in the counts below along with a check for \$6 per shirt.

**T-Shirt Ordering form**

Team Name		
Size	Count	Comments
Medium Youth		
Large Youth		
Small Adult		
Medium Adult		
Large Adult		
XL - Adult		
XXL - Adult		

Number of non athlete shirts \_\_\_\_ X \$ 6.00 = \$ \_\_\_\_\_. Please include check for additional shirts