

SHOREWOOD SWIM CLUB
Long Course Summer Open
(A-BB+B-C)
Saturday & Sunday, June 24 and 25, 2006
Sanction #2006-078WI

- LOCATION:** Walter Schroeder Aquatic Center
9250 North Green Bay Road
Brown Deer, Wisconsin 53209
- CO-MEET DIRECTOR:** Hugh Morris / David Westfahl
414-861-7946
E-mail: davewestfahl@wi.rr.com
- FACILITY:** Indoor 50 meter pool with eight lanes, 30" blocks, custom bulkhead, gutters and starting blocks, non-turbulent 6½' - 17' depth and 7' lanes.
- TIMING:** Fully automatic Colorado™ timing equipment and horns with scoreboards will be used in addition to manual stopwatches using two timers.
- RULES:** 2006 USA Swimming long course rules shall prevail at this meet. The Wisconsin Scratch Rule shall be in effect. The no-callback rule will be followed in the event of false starts.
- TIME SCHEDULE:** **Saturday**
Morning Session: 13-14 and Senior Age Groups
WARM-UPS: 8 to 9 a.m.
Afternoon Session: 10 & Under and 11-12 Age Groups
WARM-UPS: Will start immediately at the end of the morning session. Afternoon swimmers are guaranteed at least a 45 minute warm-up.
- Sunday**
Morning Session: 13-14 and Senior Age Groups
WARM-UPS: 7 to 8 a.m.
Afternoon Session: 10 & Under and 11-12 Age Groups
WARM-UPS: Will start immediately at the end of the morning session. Afternoon swimmers are guaranteed at least a 45 minute warm-up.
- Please note different morning session starting times: 8 a.m. Saturday; 7 a.m. Sunday.*
- WARM-UPS:** The first half of the warm-up time will be general warm-up only. Entry into the water shall be feet first; circle swimming only.
- The second half of the warm-up shall be as follows:
Sprint: One-Way: Lanes 2, 3, 6, 7 as needed
General: Circle Swim: Lanes 1, 4, 5, 8
The meet marshal may make adjustments to this setup.

- MEET FORMAT:** All events are timed finals, and, except for the 400 meter Freestyle and 400 meter IM events, are pre-seeded. Swimmers must report directly to the blocks for all events. Check-In for the 400 meter events will be allowed up to ½ hour before the end of warm-ups. The 400 meter events will be deck-seeded and swum fastest to slowest. Fly-over starting procedures will be utilized for all events. The host club reserves the right to limit the 400 meter events to a minimum of three (3) heats per event.
- QUALIFYING TIMES:** Entries in the 200 meter freestyle and 200 meter IM events for 10 & Under and 11-12 age groups and the 400 meter free and 400 IM for 13-14 and senior age groups are limited to swimmers who have achieved a BB time standard or better in those events. The host club reserves the right to enter swimmers in these events who have not achieved a BB time standard.
- RELAYS:** Relay cards will be provided in the coach's packet. Coaches should complete the relay cards. Full names, ages and order of swimming must be **LEGIBLY PRINTED** on the back of the card before the event is swum. Completed cards must be brought to the blocks and given to the timers by the relay swimmers swimming the event when the event is called.
- AWARDS:** All swimmers will swim as one class by age group and gender, but will be separated by A-BB and B-C classes for award purposes in the 10 & Under, 11-12 and 13-14 age groups. (For the 200 meter freestyle and 200 meter IM events for 10 & Under and 11-12 age groups and the 400 meter IM events for 13-14 and senior age groups, awards will be given in only the A-BB class.) Medals will be given for 1st-3rd in individual events and ribbons will be awarded for 4th through 16th. Ribbons will be given for 1st through 6th for relay events. Swimmers will be eligible for awards in the class in which they are seeded.
- HEAT SHEETS/
ADMISSION** \$3.00 per session per heat sheet and \$3.00 per day admission
- ELIGIBILITY:** Wisconsin swimmers must be registered with the Wisconsin Local Swim Committee (LSC). All swimmers must be registered with USA Swimming. Swimmer age as of June 24, 2006 shall determine age group eligibility.
- ADAPTIVE
SWIMMERS:** If a club is entering an adaptive swimmer, please have the coach make a note to that effect on the meet entry information.
- MAIL ENTRIES:** Completed individual entry forms, waiver forms and fees to:
David Westfahl
6140 N. Alberta Ln.
Glendale, Wisconsin 53217
e-mail: davewestfahl@wi.rr.com
- ENTRY DEADLINE:** Entries must be received by **Wednesday, June 14th , 2006**. Entries should be submitted by Hy-Tek file, but the waiver/recap must be mailed immediately following the submission of the entries. No telephone entries will be accepted. Individual swims will be limited to **three thousand two hundred (3,200)** for the meet. This excludes relays.
- ENTRY FEES:** \$4.00 per individual event, \$12.00 per relay and a \$2.00 *Splash Fee* per swimmer. Checks should be made payable to: **SHOREWOOD SWIM CLUB**. All fees must accompany entries and are not refundable.

- ENTRIES:** Each swimmer may compete in up to three (3) individual events, plus relays, each day of the meet. This meet will be run using the Hy-Tek Meet Manager for Windows™ software system. All entries must be submitted ***in a Hy-Tek compatible file format (as an e-mail attachment) with hard copy***. A Hy-Tek compatible events file for the meet will be e-mailed to each team. Disks will be returned with the update from the meet when final results are mailed or at the end of the meet.
- ENTRY TIMES:** Submit most current achieved **Long Course Meter** times.
- OUT-OF-STATE:** Entrants must bring current USA Swimming card to the meet.
- DECK REGISTRATION:** USA Swimming deck registration will not be allowed.
- DECK ENTRIES:** Deck entries will be allowed to fill open lanes at the meet directors discretion.
- FINAL RESULTS:** All teams will be sent a copy of final results within two weeks after completion of the meet. Extra copies may be ordered at the admissions table for \$5.00.
- CONCESSIONS:** A variety of food and drink items will be available.
- CONDUCT:** Each team will be responsible for the conduct of its swimmers. Destruction of property will not be tolerated under any circumstances and misconduct will result in the swimmer being disqualified from participation and immediate expulsion from the premises, at the discretion of the Meet Director. Smoking is not allowed within 50 feet of the swimming facility. Due to city codes, no food or coolers can be brought into the building. Violators of this code will be asked to leave the area. In addition, Brown Deer fire codes prohibit lounging in the hallway between the main lobby and cafeteria area. The hallway from the lobby to the south entrance will be available for resting if swimmers so desire. **Spectators must sit in the upper grandstand area and leave the lower bleachers for coaches and swimmers, who are encouraged to sit with their team. Per USS, only coaches, swimmers and meet workers are allowed on deck and in the lower bleachers. Coaches must display valid USS credentials at all times while on deck.**
- LOST & FOUND:** Located near the east lobby admissions area adjacent to the glass office.
- FIRST AID:** First Aid will be available in the glass office.
- OFFICIALS:** There will be a minimum of two starter-referees and four officials in total. Every effort will be made to have six officials per session.
- NOTE:** Shorewood swim Club reserves the right to limit the number of heats in any given event.

Shorewood Swim Club Long Course Summer Open Events
 Saturday, June 24, 2006

Morning Session (8:00 warm-up)

| <u>Girls'</u> | | <u>Boys'</u> |
|-----------------------|---|-----------------------|
| <u>Event #</u> | <u>Event</u> | <u>Event #</u> |
| 1 | 13-14 200 Meter Freestyle Relay | 2 |
| 3 | Senior 200 Meter Freestyle Relay | 4 |
| 5 | 13-14 100 Meter Backstroke | 6 |
| 7 | Senior 100 Meter Backstroke | 8 |
| 9 | 13-14 50 Meter Freestyle | 10 |
| 11 | Senior 50 Meter Freestyle | 12 |
| 13 | 13-14 200 Meter Breaststroke | 14 |
| 15 | Senior 200 Meter Breaststroke | 16 |
| 17 | 13-14 100 Meter Butterfly | 18 |
| 19 | Senior 100 Meter Butterfly | 20 |
| 21 | 13-14 400 Meter Freestyle ¹ | 22 |
| 23 | Senior 400 Meter Freestyle ¹ | 24 |

Afternoon Session

| <u>Girls'</u> | | <u>Boys'</u> |
|-----------------------|---|-----------------------|
| <u>Event #</u> | <u>Event</u> | <u>Event #</u> |
| 25 | 10 & Under 200 Meter Freestyle Relay | 26 |
| 27 | 11-12 200 Meter Freestyle Relay | 28 |
| 29 | 10 & Under 50 Meter Butterfly | 30 |
| 31 | 11-12 50 Meter Butterfly | 32 |
| 33 | 10 & Under 100 Meter Freestyle | 34 |
| 35 | 11-12 100 Meter Freestyle | 36 |
| 37 | 10 & Under 100 Meter Breaststroke | 38 |
| 39 | 11-12 100 Meter Breaststroke | 40 |
| 41 | 10 & Under 50 Meter Backstroke | 42 |
| 43 | 11-12 50 Meter Backstroke | 44 |
| 45 | 10 & Under 200 Meter Freestyle ² | 46 |
| 47 | 11-12 200 Meter Freestyle ² | 48 |

1 -Positive check in event. Event may be limited to 3 heats. Entries limited to swimmers who have achieved a minimum BB time standard or better.

2- Entries limited to swimmers who have achieved a BB time or better

Shorewood Swim Club Long Course Summer Open Events

Sunday, June 25, 2006

Morning Session(7:00 warm-up)

| <u>Girls'</u> <u>Event #</u> | <u>Event</u> | <u>Boys'</u> <u>Event #</u> |
|---------------------------------|---|--------------------------------|
| 49 | 13-14 200 Meter Medley Relay | 50 |
| 51 | Senior 200 Meter Medley Relay | 52 |
| 53 | 13-14 100 Meter Freestyle | 54 |
| 55 | Senior 100 Meter Freestyle | 56 |
| 57 | 13-14 200 Meter Butterfly | 58 |
| 59 | Senior 200 Meter Butterfly | 60 |
| 61 | 13-14 200 Meter Backstroke | 62 |
| 63 | Senior 200 Meter Backstroke | 64 |
| 65 | 13-14 100 Meter Breaststroke | 66 |
| 67 | Senior 100 Meter Breaststroke | 68 |
| 69 | 13-14 400 Meter Individual Medley ¹ | 70 |
| 71 | Senior 400 Meter Individual Medley ¹ | 72 |

Afternoon Session

| <u>Girls'</u> <u>Event #</u> | <u>Event</u> | <u>Boys'</u> <u>Event #</u> |
|---------------------------------|---|--------------------------------|
| 73 | 10 & Under 200 Meter Medley Relay | 74 |
| 75 | 11-12 200 Meter Medley Relay | 76 |
| 77 | 10 & Under 100 Meter Butterfly | 78 |
| 79 | 11-12 200 Meter Butterfly | 80 |
| 81 | 10 & Under 50 Freestyle | 82 |
| 83 | 11-12 50 Freestyle | 84 |
| 85 | 10 & Under 100 Meter Backstroke | 86 |
| 87 | 11-12 100 Meter Backstroke | 88 |
| 89 | 10 & Under 50 Meter Breaststroke | 90 |
| 91 | 11-12 50 Meter Breaststroke | 92 |
| 93 | 10 & Under 200 Meter Individual Medley ² | 94 |
| 95 | 11-12 200 Meter Individual Medley ² | 96 |

1 – Positive check in event. Event may be limited to 3 heats. Entries limited to swimmers who have achieved BB times or better

2 - Entries limited to swimmers who have achieved a minimum BB time standard or better.

MEET WAIVER FORM

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USA Swimming, Shorewood Swim Club, and the Schroeder Aquatic Center, for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athlete(s), registered with USA Swimming, and eligible to compete in all events I/we have entered.

CLUB NAME AND ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL: _____

COACHES AT MEET: _____ PHONE: _____

CLUB PERSON TO CONTACT FOR QUESTIONS ABOUT THIS ENTRY:
(AND TO MAIL FINAL RESULTS TO)

NAME: _____ PHONE: _____

ADDRESS: _____

e-mail _____ *(Meet time line will be sent via e-mail)*

-----**RECAP OF ENTRIES**-----

Number of Events: _____ x \$4.00 + Number of Relays: _____ x \$12.00 = \$ _____

(Minus) RESERVATION FEE PAID \$ _____

NET INDIVIDUAL AMOUNT DUE (A)\$ _____

SPLASH FEE: TOTAL # SWIMMERS AT MEET _____ x \$2.00 = (B)\$ _____

TOTAL AMOUNT OF CHECK ATTACHED (A+B)\$ _____

MAKE CHECK PAYABLE TO: **SHOREWOOD SWIM CLUB**

ENTRY DEADLINE: **Wednesday, June 14th 2006**

MAIL ENTRIES TO: David Westfahl
6140 N. Alberta Ln
Glendale, WI 53217
e-mail - davewestfahl@wi.rr.com