

"Swim Your own Age" Winter Open A-BB-B-C Hosted by Shorewood Swim Club January 24-25, 2004

Sanction # 2004-016

LOCATION: Shorewood H. S. VHE Pool

1701 East Capitol Drive

Shorewood, Wisconsin 53211

MEET DIRECTOR: Peter Galante

Phone: (414) 963-4057

E-mail: MeetDirector@ShorewoodSwimClub.Com

25-vard pool with six 7' lanes, non turbulent lane markers and backstroke flags, **FACILITY:**

30" blocks, 10' depth at starting blocks, custom-designed gutters and bulkhead.

TIMING: Colorado 5TM timing system and scoreboard, in addition to manual stopwatches

with two timers.

RULES: 2004 US Swimming & Wisconsin short course rules prevail for this meet. In the event of

a false start, athletes will not be recalled; a recall rope will not be utilized, with the

exception of an equipment malfunction.

TIME SCHEDULE: Saturday Morning Session: (12 YR, 13 YR, 14 and Older)

WARM-UPS: 7:00 to 8:00 a.m. Meet begins: 8:05 a.m.

Saturday Afternoon Session: (7 & Under, 8 YR, 9 YR, 10 YR, 11 YR) WARM-UPS: Will start immediately at the end of the morning session. Afternoon swimmers are guaranteed at least forty-five minutes warm-up.

Sunday Morning Session: (12YR, 13YR, 14 and Older) WARM-UPS: 7:00 to 8:00 a.m. Meet begins: 8:05 a.m.

Saturday Afternoon Session: (7 & Under, 8 YR, 9 YR, 10 YR, 11 YR) WARM-UPS: Will start immediately at the end of the morning session. Afternoon swimmers are guaranteed at least forty-five minutes warm-up.

The first 1/2 of the warm-up time will be general warm-up only. Entry into the water shall be feet first & only circle swimming allowed. The second 1/2 of the warm-up shall be for sprinting in lanes 2 and 5, additional lanes as needed. One directional swimming from the starting end only, racing starts from starting blocks permitted. Lanes 1.3.4, and 6

will remain open for general warm-up, unless needed for 1-way sprints.

MEET FORMAT: All events are timed finals and are pre-seeded. Swimmers must report directly

to the blocks for all events.

RELAYS: Relay cards will be provided in the coach's packet. Coaches should complete the relay

> cards. Names, ages and order of swimming must be LEGIBLY PRINTED on the back of the card before the event is swum. Completed cards must be brought to the blocks and given to the timers by the relay swimmers swimming the event when the event is called.

Individual Events: ribbons for 1st- 16th. Relay Events: ribbons for 1st-6th. High point **AWARDS:**

awards (1st-16th) for each age group (excluding results for the 500 and 1650 freestyle events). Swimmers who deck seed any events will be ineligible for high point awards. Individual scoring: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Swimmer or swimmer's

representative must be present to receive awards.

ADMISSION FEE: \$2.00 admission fee per spectator and \$2.00 per heat sheet.

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ELIGIBILITY: Wisconsin swimmers must be registered with the Wisconsin Local Swim Committee

(LSC). All swimmers must be registered with United States Swimming (USS). Swimmer

age as of January 24, 2004 shall determine age group eligibility.

ADAPTIVE If entering an adaptive swimmer, please have the coach make a note to that effect

SWIMMERS: on the meet entry information.

MAIL ENTRIES: Completed individual entry forms, waivers & fees to:

Peter Galante 4136 Morris Blvd Shorewood, WI 53211

ENTRY DEADLINE Entries must be postmarked by Wednesday, January 7, 2004 and received by 6:00 p.m.

Friday, January 9, 2004. E-mail entries will be accepted no later than January 9, 2004, provided that entry hard copies and the Meet Waiver Form and payment are postmarked

by January 9, 2004. E-mail entries should not be assumed as accepted unless a

confirmation e-mail reply is received. E-mail: MeetDirector@ShorewoodSwimClub.Com

ENTRY FEES: \$3.00 per individual event and \$8.00 per relay and a \$1.25 *Splash* fee per swimmer;

payable to: **SHOREWOOD SWIM CLUB**. All fees must accompany entries

and are not refundable.

ENTRIES: Each swimmer may compete in up to four (4) individual events **per day** plus relays. The

meet will be run using the HY-TEK Meet Manager™ software system. All entries must

be submitted on the enclosed entry forms or, preferably, on a HY-TEK Meet

Manager[™] compatible disk (3.5-inch) with printed hard copy. Club disks will be returned with the final results from the meet; or, updated disks will be available shortly

after the conclusion of the meet.

ENTRY TIMES: Submit most current achieved **yard times**.

OUT OF STATE: Entrants must bring current USS card to the meet.

DECK ENTRIES: May be allowed subject to Meet Director approval. Entries will be limited to open lanes

only. All Deck entries must be accompanied by a payment of \$5.00 per event and

proof of valid USS registration.

FINAL RESULTS: All teams will be mailed a copy of final results within two weeks after completion

of the meet. Extra copies may be ordered at the admissions table for \$5.00.

CONCESSIONS: Assorted food and drink items will be available at the meet.

CONDUCT: All clubs will be responsible for the conduct of their own swimmers. The meet marshals

and meet directors have the authority to disqualify swimmers found misbehaving. Per USS, only coaches, swimmers, and Shorewood Swim Club meet workers are allowed on

deck. Coaches must display USS credentials at all times while on deck.

LOST & FOUND: Located near the table where Heat Sheets are sold.

FIRST AID: First Aid will be available at the scoring table.



OFFICIALS: There will be a minimum of two starter referees and four total officials.

TIMERS: Each participating team may be asked to provide one timer.

PARTICIPATING TEAMS:

Elmbrook Swim Club, Germantown Seahawks Swim Club, Kenosha Barracuda Swim Club, Ozaukee Aquatics, New Berlin Swim Club, Madison East YMCA, Shorewood

Swim Club, Southwest Aquatic Team, West Bend Swim Club.

"Swim Your Own Age" Winter Open ORDER OF EVENTS

Saturday, January 24, 2004 Morning Session

Girls'		Boys' Event #
Event #	Event	
1	12 YR 100 BACKSTROKE	2
3	13 YR 200 BACKSTROKE	4
5	14 & OLDER 200 BACKSTROKE	6
7	12-13 200 FREESTYLE RELAY	8
9	14 & OLDER 200 FREESTYLE RELAY	10
11	12 YR 200 INDIVIDUAL MEDLEY	12
13	13 YR 200 INDIVIDUAL MEDLEY	14
15	14 & OLDER 200 INDIVIDUAL MEDLEY	16
17	12 YR 50 BREASTSTROKE	18
19	13 YR 100 BREASTSTROKE	20
21	14 & OLDER 100 BREASTSTROKE	22
23	12 YR 200 BUTTERFLY (Distance)	24
25	13 YR 200 BUTTERFLY (Distance)	26
27	14 & OLDER 200 BUTTERFLY (Distance)	28
29	12 YR 200 FREESTYLE	30
31	13 YR 200 FREESTYLE	32
33	14 & OLDER 200 FREESTYLE	34



Saturday, January 24, 2004 Afternoon Session

Girls'		Boys' Event #
Event #	Event	
35	7 & UNDER 50 BACKSTROKE	36
37	8 YR 50 BACKSTROKE	38
39	9 YR 100 BACKSTROKE	40
41	10 YR 100 BACKSTROKE	42
43	11 YR 100 BACKSTROKE	44
45	9 & UNDER 100 FREESTYLE RELAY	46
47	10-11 200 FREESTYLE RELAY	48
49	7 & UNDER 25 BREASTSTROKE	50
51	8 YR 25 BREASTSTROKE	52
53	9 YR 50 BREASTSTROKE	54
55	10 YR 50 BREASTSTROKE	56
57	11 YR 50 BREASTSTROKE	58
59	7 & UNDER 50 FREESTYLE	60
61	8 YR 50 FREESTYLE	62
63	9 YR 100 FREESTYLE	64
65	10 YR 100 FREESTYLE	66
67	11 YR 100 FREESTYLE	68
69	7 & UNDER 100 INDIVIDUAL MEDLEY	70
71	8 YR 100 INDIVIDUAL MEDLEY	72
73	9 YR 100 INDIVIDUAL MEDLEY	74
75	7 & UNDER 25 BUTTERFLY	76
77	8 YR 25 BUTTERFLY	78
79	9 YR 50 BUTTERFLY	80
81	10 YR 50 BUTTERFLY	82
83	11 YR 50 BUTTERFLY	84

Sunday, January 25, 2004 Morning Session

Girls'	Event	Boys' Event #
Event #		
85	12 YR 50 BUTTERFLY	86
87	13 YR 100 BUTTERFLY	88
89	14 & OLDER 100 BUTTERFLY	90
91	12 YR 100 BREASTSTROKE	92
93	13 YR 200 BREASTSTROKE	94
95	14 & OLDER 200 BREASTSTROKE	96
97	12 YR 50 FREESTYLE	98
99	13 YR 50 FREESTYLE	100
101	14 & OLDER 50 FREESTYLE	102
103	12 YR 50 BACKSTROKE	104
105	13 YR 100 BACKSTROKE	106
107	14 & OLDER 100 BACKSTROKE	108
109	12-13 200 MEDLEY RELAY	110
111	SENIOR 200 MEDLEY RELAY	112
113	SENIOR 500 FREESTYLE	114
115	SENIOR 1650 FREESTYLE	116

Sunday, January 25, 2004



Afternoon Session

Girls'		Boys'
Event #	Event	Event #
117	10 YR 100 INDIVIDUAL MEDLEY	118
119	11 YR 200 INDIVIDUAL MEDLEY	120
121	7 & UNDER 25 BACKSTROKE	122
123	8 YR 25 BACKSTROKE	124
125	9 YR 50 BACKSTROKE	126
127	10 YR 50 BACKSTROKE	128
129	11 YR 50 BACKSTROKE	130
131	7 & UNDER 50 BUTTERFLY	132
133	8 YR 50 BUTTERFLY	134
135	9 YR 100 BUTTERFLY (Distance)	136
137	10 YR 100 BUTTERFLY (Distance)	138
139	11 YR 200 BUTTERFLY (Distance)	140
141	7 & UNDER 25 FREESTYLE	142
143	8 YR 25 FREESTYLE	144
145	9 YR 50 FREESTYLE	146
147	10 YR 50 FREESTYLE	148
149	11 YR 50 FREESTYLE	150
151	7 & UNDER 50 BREASTROKE	152
153	8 YR 50 BREASTSTROKE	154
155	9 YR 100 BREASTSTROKE	156
157	10 YR 100 BREASTSTROKE	158
159	11 YR 100 BREASTSTROKE	160
161	9 & UNDER 100 MEDLEY RELAY	162
163	10-11 200 MEDLEY RELAY	164