

**South Eastern Aquatics  
Racine Family YMCA Swim Team (SEAY)  
January 21-22, 2006  
Swim Your Own Age**

**USS Sanction # 2006-001WI**

- Meet Director:** Jennifer Pennings (262) 752-0387  
1011 Appaloosa Trail.  
Racine, WI 53402  
email: djpenning@earthlink.net
- Entry Chairperson:** Pat Lewno (262) 637-2913  
5330 Linden Circle  
Racine, WI 53406  
e-mail: lewno@execpc.com
- Location:** Waukesha South HS  
401 E. Roberta Drive  
Waukesha, WI 53186
- Eligibility:** All swimmers must be currently registered with United States Swimming. Out of state swimmers must present a valid U.S.A. card at the Scoring/Records Table prior to pool entry.
- Class of Meet:** Swim your own age meet. One class for 8 & Under and Senior.
- Facility:** Eight lane, 25 yard pool. Pool depth is 13 feet at the start and 5' 10" at the bulkhead (turn end). Blocks are 30 inches high. Additional two lanes available for warm-down.
- Timing System:** Colorado Timing System will be used with a manual back-up button, plus two back-up timers for each lane. Should the automatic system fail, a gun or horn start will be used.
- General Rules:** Official 2006 U.S.A. and WI LSC rules shall prevail at this meet.
- Format:** All events will be pre-seeded with the exception of the 400 IM, and the 500 freestyle events which will be positive check-in events and seeded on deck. 8 & U individual events will be staged. Please Note: Positive check in heats may be limited due to time constraints. Heats/events may be combined due to time constraints, but will be awarded as separate age groups.
- Schedule/Warm-ups:** Saturday and Sunday Morning Sessions: warm-ups 7:00 AM. Meet start 8:00 AM.  
Saturday and Sunday Afternoon Sessions: warm-ups will be one hour and will precede the start of the afternoon session. Estimated meet timeline will be posted on our web site: <www.sea-y.org>  
Wisconsin Swimming warm-up procedures will be in effect. Morning sessions will have 30 minutes of circle swimming with no racing starts. **FEE FIRST ENTRY ONLY FROM THE STARTING END OF THE POOL,** unless performing one way starts. The second 30 minutes, sprint lanes will be opened as needed. The afternoon sessions will use the same format. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications.
- Entry Deadline:** **Team entries on Hy-Tek disk, hard copy, waiver, and fees must be received by the Entry Chair NO LATER than 6:00 PM, January 4, 2006.** PLEASE DO NOT submit more entries than you have reserved, UNLESS YOU HAVE CHECKED WITH THE MEET DIRECTOR.
- Entry Fees:** Entry fees will be \$3.00 per individual event and \$12.00 per relay. A one time \$2.00 splash fee (WI LSC Rule) must be paid for each swimmer entered in the meet. All fees must accompany entries. Checks should be made payable to South Eastern Aquatics Y. **Note: Please be sure the waiver is signed. We cannot accept entries without a waiver and payment of fees.**
- Deck Entries:** The entry fee for deck entries will be \$5.00 (\$14.00 for relays). Deck entries will be allowed to fill open lanes (additional heats will not be added). Deck entries close 30 minutes prior to the start of the session.
- Entry Limit:** Participation is limited to a maximum of four (4) individual events per day, plus relays. Age is to be determined as of January 21, 2006.

- Disabled Swimmers:** Coaches are encouraged to inform officials and the Meet Director of any special needs swimmer during warm-ups.
- Deck Seeded Events:** The 400 IM, and the 500 Free events will be deck seeded. Entries may be limited by Meet Management to adhere to the four (4) hour session rule. Accepted entries will be posted on the website on Monday evening, January 16. Swimmers cut from these events will be refunded their entry fee or that fee can be used to deck seed in any open lane or event. Positive check in for these events will be located at the Scoring/Records Table. Positive check in will close 30 minutes before the start of the session. The Wisconsin Scratch rule will be in effect for this meet. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which he/she is entered. **Swimmers must provide their own counters for the 500 Free.**
- Relay Cards:** Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers. All relays will be "mixed" and can consist of any combinations of male and female swimmers.
- Coaches Packet:** Coaches may pick up their packets at the Scoring/Records Table. **Any monies owed must be paid before you can obtain your packet.** Please be prepared to show your U.S.A. coach's card at the time you pick up your team packet. **Coach's cards must be visible at all times on deck.**
- Awards:**  
16 place scoring  
Individual events  
1<sup>st</sup> – 12<sup>th</sup> Ribbons  
Relay events  
1<sup>st</sup> – 6<sup>th</sup> Ribbons  
High Point Awards  
1<sup>st</sup> – 3<sup>rd</sup> for each single age group (8 & U, 9, 10, 11, 12, 13, 14, Senior)  
**Awards must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.**
- Heat Sheets:** Admission: \$3.00 per day for spectators over 12 years. Heat Sheets: \$3.00
- Food:** Food and beverages will be available on the premises. No food or beverage is allowed in the pool area.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals shall have the authority to remove any swimmer/s from the meet for any violation such as improper behavior damage to property, etc. Such teams are responsible financially for damage of property. There shall be No Smoking permitted at any time on the premises. **Please make sure your team's area on deck and rest area is picked up at the end of each session.**
- First Aid:** Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the Lifeguard station.
- Lost & Found:** An area for lost and found will be designated at the meet. After the meet contact Jennifer Pennings, Meet Director, at 262-681-2238, before January 31st.
- Meet Results:** A copy will be provided to every club entered in the meet. Clubs who submit their entries on a disk may have a club representative pick up the disk with results on it at the conclusion of the meet. Those wishing to purchase a copy may do so at the Awards Table for \$10.00.
- Officials:** To be determined.
- Directions:** Take I-94 north to the 894 bypass to I-94 heading west towards Madison. Exit I-94 at HWY 18. Use the HWY 18 west ramp and continue on HWY 18 (also called Moreland Boulevard) to the Les Paul Parkway (HWY164) and turn left. Take HWY 164 to Sunset Drive and turn right. Take Sunset Drive to Tenny Avenue and turn right. The school will up the road a bit on the left.

**Swim Supplies:**

*All-American* will be on site Saturday to provide swim accessories and supplies.

**Hotels:**

Quality Inn  
20150 Bluemound Rd  
262-785-0500

Hampton Inn  
575 N. Barker Rd.  
262-796-1500

Baymont Inn & Suites  
20391 W. Bluemound Rd  
262-782-9100

Ramada Limited  
2111 E. Moreland Blvd.  
262-547-7770

Motel 6  
20300 W. Bluemound Rd.  
262-786-7337

**SEAY Single Age Open  
January 21-22, 2006**

**Saturday AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	9-year-old 100 Fly	2
3	10-year-old 100 Fly	4
5	11-year-old 100 Fly	6
7	12-year-old 100 Fly	8
9	9-year-old 50 Free	10
11	10-year-old 50 Free	12
13	11-year-old 50 Free	14
15	12-year-old 50 Free	16
17	10 & Under Mixed 200 Medley Relay %	17
18	12 & Under Mixed 200 Medley Relay %	18
19	9-year-old 100 Breast	20
21	10-year-old 100 Breast	22
23	11-year-old 100 Breast	24
25	12-year-old 100 Breast	26
27	9-year-old 50 Back	28
29	10-year-old 50 Back	30
31	11-year-old 50 Back	32
33	12-year-old 50 Back	34
35	10 & Under 500 Free *	35
36	11-12 500 Free *	36

**Sunday AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
77	9-year-old 50 Fly	78
79	10-year-old 50 Fly	80
81	11-year-old 50 Fly	82
83	12-year-old 50 Fly	84
85	9-year-old 100 Free	86
87	10-year-old 100 Free	88
89	11-year-old 100 Free	90
91	12-year-old 100 Free	92
93	10 & Under 200 Free Relay %	93
94	12 & Under 200 Free Relay %	94
95	9-year-old 50 Breast	96
97	10-year-old 50 Breast	98
99	11-year-old 50 Breast	100
101	12-year-old 50 Breast	102
103	9-year-old 100 Back	104
105	10-year-old 100 Back	106
107	11-year-old 100 Back	108
109	12-year-old 100 Back	110
111	10 & Under 200 IM	112
113	11-12 200 IM	114

**Saturday PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
37	8 & Under 50 Fly	38
39	13-year-old 200 Fly	40
41	14-year-old 200 Fly	42
43	Senior 200 Fly	44
45	8 & Under Mixed 100 Medley Relay %	45
46	Senior Mixed 200 Medley Relay %	46
47	8 & Under 25 Free	48
49	13-year-old 100 Free	50
51	14-year-old 100 Free	52
53	Senior 100 Free	54
55	8 & Under 50 Breast	56
57	13-year-old 200 Breast	58
59	14-year-old 200 Breast	60
61	Senior 200 Breast	62
63	8 & Under 25 Back	64
65	13-year-old 100 Back	66
67	14-year-old 100 Back	68
69	Senior 100 Back	70
71	8 & Under 100 Free	72
73	13-14 500 Free *	74
75	Senior 500 Free *	76

**Sunday PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
115	8 & Under 25 Fly	116
117	13-year-old 100 Fly	118
119	14-year-old 100 Fly	120
121	Senior 100 Fly	122
123	8 & Under Mixed 100 Free Relay %	123
124	Senior Mixed 200 Free Relay %	124
125	8 & Under 50 Free	126
127	13-year-old 200 Free	128
129	14-year-old 200 Free	130
131	Senior 200 Free	132
133	8 & Under 25 Breast	134
135	13-year-old 100 Breast	136
137	14-year-old 100 Breast	138
139	Senior 100 Breast	140
141	8 & Under 50 Back	142
143	13-year-old 200 Back	144
145	14-year-old 200 Back	146
147	Senior 200 Back	148
149	8 & Under 100 Free	150
151	13-14 400 IM *	152
153	Senior 400 IM *	154

% Any combination of swimmers.

\* Positive check in event, heats may be limited.

**Waiver - Summary Entry Form**  
**(Entries will not be accepted without waiver form)**

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In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assigns, waive and release any and all claims against South Eastern Aquatics/Racine Family YMCA Swim Team/Racine Family YMCA/Waukesha South High School, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

**Make (2) copies of the entry forms:**

1. Mail one copy of entry form, Hy-Tek entry disc, plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: \_\_\_\_\_ Abbr: \_\_\_\_\_

**Signature of Club Official, Parent, or Guardian**

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Entry Fee Recap:**

Total No. of Individual Events in Meet: \_\_\_\_\_ x Ind. Entry Fee @ \$3.00 = \$ \_\_\_\_\_  
\*Subtract Reservation Fee Already Paid - \$ \_\_\_\_\_

(\*NOTE: Teams who over-reserved cannot use this amount to offset relay fees or splash fees)

Total No. of Relays in Meet: \_\_\_\_\_ x Relay Entry Fee @ \$12.00 = \$ \_\_\_\_\_

Number of Swimmers Entered in Meet \_\_\_\_\_ X \$2.00 ea (WI LSC Splash Fee) = \$ \_\_\_\_\_

**Make Checks Payable to: "SEAY"** Your Check Number Is \_\_\_\_\_ Total Entry Fee = \$ \_\_\_\_\_

**Name of coaches representing your team at meet:**

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

**Contact information for team entry person (in case of entry problem):**

Name: \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Name and address for mailing final results:**

Name: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_



**Relay Entry / Team Alpha Code:** \_\_\_\_\_

PLEASE PRINT CLEARLY

Relays	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time
Mixed 10&U Girl/Boy 200 Medley Relay #17 %	A	B	C	D	E	F	G
Mixed 12&U Girl/Boy 200 Medley Relay #18 %	A	B	C	D	E	F	G
Mixed 8&U Girl/Boy 100 Medley Relay #45 %	A	B	C	D	E	F	G
Mixed Senior Girl/Boy 200 Medley Relay #46 %	A	B	C	D	E	F	G
Mixed 10&U Girl/Boy 200 Free Relay #93 %	A	B	C	D	E	F	G
Mixed 12 & U Girl/Boy 200 Free Relay # 94%	A	B	C	D	E	F	G
Mixed 8&U Girl/Boy 100 Free Relay #123 %	A	B	C	D	E	F	G
Mixed Senior Girl/Boy 200 Free Relay #124 %	A	B	C	D	E	F	G

**% Means any combination of boy/girl swimmers**