## Shawano Community Swimming Club Summer Heat Meet (Open) Sat. June 17, 2006

LOCATION: Shawano Community High School Pool 220 County Hwy. B, Shawano, WI 54166 Phone (715)-526-2175

**FACILITY:** 25 yd., 6 lanes, backstroke flags, non-turbulent lane dividers. Starting depth 5.5 ft. with turn side depth of 3.5 ft. Starting block height 30 inches. Colorado timing system with touchpads will be used, back up of 2 watches per lane will be available.

#### SANCTION NUMBER: # 2006--074

RULES:	Swimmers must be registered USS swimmers. No smoking is allowed on premises.
AGE GROUPS:	AM Session 8 & Under, 9-10 PM Session 11-12, Open (Age as of Sat. June 17, 2006.)
ENTRY FEES:	<ul><li>\$2.00 per swimmer "SPLASH FEE"</li><li>\$3.00 per individual event</li><li>\$8.00 per relay</li></ul>
ADMISSION:	\$3.00 for 12 years and older. Under 12-free Heat sheets available for \$3.00. Admission & heat sheet together for \$5.00.

**ENTRY INFORMATION**: Swimmers may compete in a maximum of 4 individual events plus relays. Please submit entries on Hy-Tek by e-mail to <u>pvillez@frontiernet.net</u>. Send a hard copy back-up (and disk if e-mail not available) along with entry fee check. Make checks payable to: Shawano Community Swimming Club (SCSC) and mail to:

Paul Villez 421 S Weed St Shawano WI 54166

#### **DECK ENTRY:**

No deck registration will be allowed. Deck entries will be taken as long as they don't result in any additional heats. Deadline for deck entries is 7:30 am for morning session; and 30 minutes after the start of afternoon warm-ups for afternoon session.

DEADLINE FOR ENTRIES: Wednesday, June 7, 2006

<b>MEET DIRECTOR:</b>	Chuck Buchert
	511 S Franklin St Shawano WI 54166
	(715) 524-3341
	cbuchert@frontiernet.net

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#### **SCHEDULE: AM Session:**

Warm-ups 7:00am-8:00am Timers Meeting 8:00am Coaches Meeting 8:00am Meet starts at 8:15am

#### **PM Session:**

Warm-ups will begin after event # 32 for 60 minutes; meet will start immediately after warm-ups.

WARM-UP: First 20 minutes – Circle swim all lanes 1-6 Next 20 minutes – Lanes 3 & 4 – Sprints; Lanes 1,2,5,6 – Circle swim Last 20 minutes – Lanes 2,3,4,5 – Sprints; Lanes 1,6 – Circle swim

**EVENT STAGING:** All 8 &under report to Clerk of Course. All other swimmers report to timers at the starting blocks prior to your event. This is a pre-seeded meet.

ADAPTIVE SWIMMERS: Please notify Meet Director in advance of special needs.

**MEET OFFICIAL:** Judy Felts

**DRESSING ROOMS:** Dressing rooms have limited lockers. Swimmers are responsible for securing their own belongings. Shawano Community Swimming Club is not responsible for lost items. There will be a lost and found located in the commons area. Lounging will be down the hall from the pool in the commons.

 AWARDS: Heat Winner ribbons will be awarded. Individual ribbons for 1-12<sup>th</sup> place. Relay ribbons for 1-5<sup>th</sup> place. Results will be posted as available in the hallway outside pool area.

**FOOD:** Food will be available in the commons area. No food or drink is permitted in the pool area. Swimmers will be allowed plastic sipper bottles in the pool area.

FIRST AID: Located in the pool office.

**CONDUCT:** Each team is responsible for the behavior of its swimmers. Any violation or misconduct may result in disqualification of swimmer's individual event. All teams competing must keep the deck area as clean as possible.

**COACHES NOTE:** A USS registered coach must be on deck at all times. All coaches are to pick up their coaches packet in person and must show their USS coaches card.

### Shawano Community Swimming Club Summer Heat Meet June 17, 2006 USS# 2006--074

<u>Girls</u>	Events	<u>Boys</u>
1	8 & U 100 Medley Relay	2
3	10 & U 200 Medley Relay	4
5	8 & U 25 Free	6
7	9-10 50 Free	8
9	8 & U 100 IM	10
11	9-10 200 IM	12
13	8 & U 25 Fly	14
15	9-10 50 Fly	16
17	8 & U 25 Breast	18
19	9-10 50 Breast	20
21	10 & U 100 Free	22
23	8 & U 25 Back	24
25	9-10 100 Back	26
27	8 & U 100 Free Relay	28
29	10 & U 200 Free Relay	30
31	<b>Open 500 Free</b>	32
	**BREAK**	
33	11-12 200 Medley Relay	34
35	<b>Open 200 Medley Relay</b>	36
37	11-12 50 Free	38
39	<b>Open 50 Free</b>	40
41	11-12 200 IM	42
43	Open 200 IM	44
45	11-12 50 Fly	46
47	<b>Open 100 Fly</b>	48
<b>49</b>	11-12 50 Breast	50
51	<b>Open 100 Breast</b>	52
53	11-12 100 Free	54
55	<b>Open 200 Free</b>	56
57	11-12 200 Back	58
59	<b>Open 200 Back</b>	60
61	11-12 200 Free Relay	62
63	<b>Open 200 Free Relay</b>	64
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# OFFICIAL ENTRY FORM—ALL MEET AND RELAY ENTRIES MUST BE SUBMITTED WITH THIS WAIVER.

NAME OF CLUB:	USS ALPHA CODE
NUMBER OF :	
SWIMMERS (SPLASH FEE) @ \$2.	00 \$
INDIVIDUAL EVENTS @ \$3.00	\$
RELAY EVENTS @ \$8.00	\$
Subtract reservation already pa	id - \$
Make check payable to "SCSC" TOTAL	\$

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USS, WI chapter of USS, Shawano Community High School, Shawano Community Swimming Club, and its Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athlete(s) and eligible to compete in all events I/we have entered.

Signature of Club Official:	Position:	
Address:	Phone:	
City:	State:	Zip:
Name of Coaches:		
Contact person regarding this Entry:		

Email: Phone:

Entries along with the signed waiver and fees must be received by Wednesday, June 18, 2005. Please make checks payable to "SCSC" (Shawano Community Swimming Club.) See information sheet for entry limits and fee requirements. Deck entries will only be done as long as they don't result in additional heats. Fees will be refunded only if for unforeseen reasons this meet is cancelled.

Mail all signed forms and fees to:	Paul Villez 421 S Weed St	
	Shawano WI 54166	
	(715) 524-5908	