

*2009 Wisconsin State Regional Championships*  
 Hosted by **Badger Aquatics Club**  
 WI Sanction 2009-042WI

DATE: February 20-22, 2009

LOCATION: Middleton-Cross Plains Area Pool  
 2230 Bristol Avenue  
 Middleton, WI 53562

FACILITY: An 8-lane, 25-yard pool with a starting depth of 4-1/2 to 5 feet and a turn depth of 4 feet. It has regulation height starting blocks (30") and ample viewing area for athletes and spectators.  
 The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).

SCHEDULE:

Friday evening	warm-ups	4:30-5:30 pm
	Meet start	5:35 pm
Saturday & Sunday A.M.	warm-ups	7:30-8:25 am
	Meet start	8:30 am
Saturday & Sunday P.M.	warm-ups at the conclusion of the A.M. session and Lasting one hour.	

Breaks may be scheduled prior to each day's distance freestyle event. The meet management and officials would determine the duration of each break. Depending on duration, the competition pool may or may not be open for warm-ups during these breaks. However, the diving well will remain open.

**This meet will be run using FLY-OVER starts!!!**

Please be advised that due to the depth of the non-starting end of the pool, the 2<sup>nd</sup> and 4<sup>th</sup> leg of all 100-Yard/Meter relays will start in the water.

SEEDING: All events will be pre-seeded except for the 500 Free(s), 1000 Free and 1650 Free, which will be positive check-in events. The 500, 1000, and 1650 Freestyle events will be run fastest to slowest, all girls and then all boys. Events and or Genders may be combined at the discretion of the head official and the meet directors.

WARM-UPS: General warm-ups/circle swimming for approximately 30 minutes. One-way sprint and/or pace lanes will be designated as needed by the meet director for the remainder of the warm-up session. The diving well will be available for warm-up/warm-down during Friday's evening and Saturday & Sunday's afternoon sessions. Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

ENTRIES: Swimmers may compete in **FOUR** individual events per day to a maximum of **SEVEN** individual events for the meet. All 8&Under swimmers are allowed to swim up to 4 events per day for a total of 7 for the entire meet. 10 & Under, 11-12, and 13-14 swimmers may not swim in an event in their age group in which they have achieved a state cut prior to **February 12, 2009**. All swimmers who have achieved state cuts may swim those events in the Senior category. A swimmer that achieves a state cut after February 12, 2009 may still swim that event at the Regional meet.

Any 8 & Under may swim in any 8 & Under event regardless of seed time, but may not swim 10 & Under events in which they have achieved a state cut. **Deck entries are ONLY available for High School boys.**

- ENTRY DEADLINE:** The entry chair must receive a completed entry form, signed waiver and fees no later than Thursday, February 12, 2009. This meet will be run using Hy-Tek meet manager. All teams are encouraged to submit entries in the Hy-Tek commlink format. No phone entries will be accepted!
- ENTRY FEES:** \$3.00 LSC splash fee per swimmer, \$4.00 per individual event and \$10.00 per relay.
- DECK SEEDING & REGISTRATION:** Deck entries will be accepted from high school boys only. All deck entrants must prove USA Swimming registration at the meet. If the swimmer is not registered, registration on deck will be accepted for a fee of \$57.00- \$52.00 Registration \$5.00 Surcharge – TOTAL \$57.00
- TIMING SYSTEM:** All events (with the exception of 25 yard races) will be timed using a Colorado Timing System with horn start, touch pads, one button, and 2 watches as backup. All 25-yard races will be timed with 2 watches.
- DISABLED SWIMMERS:** Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.
- AWARDS:** 1<sup>st</sup> through 16<sup>th</sup> place ribbons will be awarded for all individual and relay events.  
Individual High Point Awards:  
1<sup>st</sup>-3<sup>rd</sup> High Point Awards for each Age Group will be awarded  
Team High Point Awards:  
1<sup>st</sup>-3<sup>rd</sup> Awards to the Top 3 teams
- SCORING:** This meet will be scored through 16<sup>th</sup> place with relays counting double.
- OFFICIALS:** Ben Radloff - Head Referee. Others will be assigned.
- MEET CONDUCT:** Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property will be required to leave the competition.  
**In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.**
- ADMISSIONS:** Programs will be available for \$3.00 on Friday and \$4.00 per session on Saturday and Sunday. A \$2.00 per session admission for 12-older spectators will be charged.
- FINAL RESULTS:** Will be posted on the Wisconsin web. Commlinked meet results will be sent via email upon request.
- CONCESSIONS:** Delicious hot and cold foods will be available for purchase throughout the meet.

MEET DIRECTOR: Meet Coordinator and Entries Chair (send entries and all pre-meet inquiries):

Janice & Drew Walden  
2737 Tower Hill Drive  
Fitchburg WI 53711  
(608) 438-7146—Drew's cell phone  
email – bacmeets@gmail.com

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 Schedule of Events

**Friday Evening 2/20/09**

(4:30 pm warm-ups, 5:35 pm start)

<u>Cutoff</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Cutoff</u>
	1	Sr. 100 Fly	2	
1:07.49	3	13-14 100 Fly	4	1:05.09
2:35.59	5	11-12 200 IM	6	2:37.39
2:59.99	7	10&U 200 IM	8	2:58.29
	9	Sr. 100 Breast	10	
1:17.69	11	13-14 100 Breast	12	1:13.49
1:22.49	13	10&U 100 Back	14	1:23.69
	*** BREAK ***			
6:53.49	15	12-U 500 Free	16	6:45.29
6:06.59				6:04.29
	17	Sr. 1000 Free	18	

**Saturday AM 2/21/09**

(7:30 am warm-ups, 8:30 am start)

<u>Cutoff</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Cutoff</u>
	19	10&U 200 Fr Rel	20	
	21	11-12 200 Fr Rel	22	
1:11.69	23	10&U 100 Free	24	1:12.49
1:01.09	25	11-12 100 Free	26	1:03.29
37.69	27	10&U 50 Fly	28	38.39
31.09	29	11-12 50 Fly	30	33.29
39.19	31	10&U 50 Back	32	39.19
33.69	33	11-12 50 Back	34	34.29
1:34.59	35	10&U 100 Breast	36	1:35.59
1:21.49	37	11-12 100 Breast	38	1:24.79
2:38.49	39	10&U 200 Free	40	2:36.29
28.49	41	11-12 50 Free	42	29.09

**Sunday AM 2/22/09**

(7:30 am warm-ups, 8:30 am start)

<u>Cutoff</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Cutoff</u>
1:13.19	81	11-12 100 Back	82	1:14.39
	83	10&U 200 Med Rel	84	
	85	11-12 200 Med Rel	86	
1:23.09	87	10&U 100 IM	88	1:24.29
1:12.19	89	11-12 100 IM	90	1:14.99
32.39	91	10&U 50 Free	92	32.39
2:17.39	93	11-12 200 Free	94	2:18.29
43.69	95	10&U 50 Breast	96	45.29
37.29	97	11-12 50 Breast	98	39.79
1:26.79	99	10&U 100 Fly	100	1:33.79
1:14.39	101	11-12 100 Fly	102	1:16.49

**Saturday PM 2/21/09**

(1-hour warm-ups at end of am session)

<u>Cutoff</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Cutoff</u>
	43	Sr. 400 IM	44	
5:06.59	45	13-14 400 IM	46	5:04.69
	47	8&U 100 Fr Rel	48	
	49	Sr. 200 Fr Rel	50	
	51	13-14 200 Fr Rel	52	
	53	8&U 50 Free	54	
	55	Sr. 100 Free	56	
57.89	57	13-14 100 Free	58	56.19
	59	8&U 25 Back	60	
	61	Sr. 200 Back	62	
2:26.29	63	13-14. 200 Back	64	2:21.29
	65	8&U 50 Breast	66	
	67	Sr. 50 Free	68	
26.59	69	13-14 50 Free	70	25.79
	71	8&U 25 Fly	72	
	73	Sr. 200 IM	74	
2:26.59	75	13-14 200 IM	76	2:21.69
	***BREAK***			
	77	Sr. 500 Free	78	
5:43.39	79	13-14 500 Free	80	5:30.89

**Sunday PM 2/22/09**

(1-hour warm-ups at end of am session)

<u>Cutoff</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Cutoff</u>
	103	8&U 25 Free	104	
	105	Sr. 200 Free	106	
2:06.69	107	13-14 200 Free	108	2:04.39
	109	8&U 100 Med Rel	110	
	111	Sr. 200 Med Rel	112	
	113	13-14 200 Med Rel	114	
	115	8&U 50 Back	116	
	117	Sr. 100 Back	118	
1:07.29	119	13-14 100 Back	120	1:05.39
	121	8&U 50 Fly	122	
	123	Sr. 200 Fly	124	
2:32.79	125	13-14 200 Fly	126	2:25.49
	127	8&U 25 Breast	128	
	129	Sr. 200 Breast	130	
2:43.89	131	13-14 200 Breast	132	2:40.39
	133	8&U 100 IM	134	
	*** BREAK ***			
	135	Sr. 1650 Free	136	





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Wisconsin Swimming Inc. &/Badger Aquatics Club Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Middleton-Cross Plains High School, Badger Aquatics Club (BAC) and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: \_\_\_\_\_

Position \_\_\_\_\_ Phone # \_\_\_\_\_

Team Name & Abbreviation \_\_\_\_\_

Team Coach \_\_\_\_\_ Phone # \_\_\_\_\_

Name (if other than coach) & address for sending final results:

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address to send final results: \_\_\_\_\_

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**ENTRY FEE RECAP**—Entries due **Thursday, February 12 2009!!!**  
bacmeets@gmail.com

Total # of individual events: \_\_\_\_\_ X \$4.00 = \$ \_\_\_\_\_

# of Relays: \_\_\_\_\_ X \$10.00 = \$ \_\_\_\_\_

Total # of swimmers: \_\_\_\_\_ X \$3.00 = \$ \_\_\_\_\_

Total Entry Fee Due: \$ \_\_\_\_\_

**Make all checks payable to Badger Aquatics Club**  
2737 Tower Hill Drive  
Fitchburg WI 53711

2008 Wisconsin State Regional Championships  
Hosted by *Badger Aquatics Club*

**Time Trials**

Sunday, February 22, 2009  
WI Sanction # 2009-043WI (TT)

- When:** At the conclusion of the Sunday afternoon session as time permits and at the discretion of the meet directors. Pool will be open for a 20 minute warm-up period following the conclusion of the Sunday afternoon session.
- Events:** See meet order of events listing. Events and or Genders may be combined at the discretion of the head official and the meet directors. The order of events will be as follows: Free, back, breast, fly, IM and starting at the shortest distance (50y) and progressing up to the longest (1650y). The 1000 and 1650 free will be run last as a combine event.
- Limit:** **One (1) per swimmer**
- Fee:** \$6.00/individual event
- Registration:** Registrations will be accepted up until 1:00 pm Sunday afternoon.
- Procedures:** Swimmer(s) will sign up for an event at the pool office. Swimmer(s) will fill out a seed card at the office—swimmer's name, age, team, event name and seed time. Seed card and event fee must be turned in to the office before the deadline (above). A meeting for time trials participants will be held prior to the start of time trials. Cards with heat and lane assignments will be handed out at this meeting. It is the swimmer's responsibility to be ready to swim when his/her event is called. The referee will not hold the start of the event to wait for a swimmer to show. An announcement will be made that time trials are beginning and swimmers should report to the meeting immediately.
- We Provide:** Officials, Colorado Timing, and Meet Management.
- Swimmers Provide:** Timers, stopwatches (some may be available).