Dolphin/FCYST Winter Open

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Date:	February 7,8,9&10, 2008 Approval #2008-030WI			
Location:	Oshkosh YMCA 3303 W. 20 th Avenue Oshkosh, WI 54904			
Hosted by:	Oshkosh YMCA Dolphins / Fox Cities YMCA			
Facility:	8 lane, 25 yard pool with 7' wide lanes and non turbulent lane dividers, back stroke flags, 30" high starting blocks, 9' depth at the starting blocks and 3'6" depth at the shallow end.			
Timing:	All events will be timed final events. Electronic timing and backup timers with manual watches will be used in each lane.			
Eligibility:	YMCA and/or USA Swimming registered swimmers are invited to participate. Swimmer's age as of February 7 th , 2008 shall determine age group.			
Rules:	USA Swimming rules prevail for the meet. In the 100 yard relay, the 2^{nd} and 4^{th} swimmer must start in the water and use hand to hand touches. Swimmers should be prepared to use fly over starts.			
Entries:	Swimmers may compete in a maximum of one (1) event per day on Thursday and Friday, three (3) individual events per day on Saturday and Sunday plus relays. Entries will be limited to control the length of the meet so sessions do not exceed the 4-hour rule.			
10 + Under Awards:	Relays: Medals 1 st -3 rd , Ribbons 4 th -8 th . Individual events: Medals 1 st -8 th , Ribbons 9 th -16 th			
11 + Over Awards:	Ribbons 1 st -8 th . Individual events: 1 st -16 th			
Best time Awards:	There will be awards for swimmers swimming best times (limit 1 per swimmer)			
Seeding:	8&U and 10&U swimmers will be seeded by age group. 11& Over swimmers will be seeded together in Open individual events, but awarded by age group 11-12, 13-14 & 15+Over. Open relays are awarded only as Open, not in separate age groups.			
Meet Director:	Jay Coleman: Phone # (920) 230 8439 ext124			

Admission Fee:	Heat sheets cost is \$2 for Friday night and \$5 for Saturday and Sunday.
Officials:	Dave Wardecke, Scott Woldt, Shauna Coleman, + Glenn Hameister others TBD
Entry Deadline:	Entries must be <u>received no later than January 29, 2008</u> . Phone entries will not be accepted. Teams with reservations will be entered first according to swims reserved and in compliance with the maximum entries allowed; other teams will be entered as they are received.
Submitting entries:	Email entries to jaycoleman@oshkoshymca.org by the entry deadline. Bring your check for entry fees the day of the meet.
Entry Fees:	\$2.00 per swimmer splash fee, plus \$3.50 per individual event and \$12.00 per relay. Checks should be payable to: Oshkosh YMCA Swim Team.
Event Staging:	8 & under individual events will be pre-seeded. In all other events, swimmers should report to their assigned lanes.
Disabled Swimmers:	Coaches are encouraged to inform officials or the meet director of any special needs for a swimmer during warm-up or on meet entries. This information will help meet planners and officials prepare.
Deck Entries:	Will be allowed subject to Meet Director approval (if empty lanes are available). All Deck entries must be accompanied by a cash payment of \$5.00 per individual event and \$10 per relay.
Conduct:	All clubs will be responsible for the conduct of their own swimmers. The Meet Director has the authority to disqualify swimmers found misbehaving. Only coaches, swimmers, officials and meet workers are allowed on deck. Coaches must display YMCA or USS credentials at all times while on deck.
Concessions:	An outstanding menu of food and drink will be available in the lobby/commons area on Friday, Saturday, and Sunday. There will not be concessions on Thursday.

Time Schedule:

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Thursday: Warmup 5:30-6:25 P.M. Meet starts at 6:30 P.M. Friday: General Warm-up 4:45-5:45 P.M. Meet Starts at 5:50 P.M. Saturday and Sunday: General Warm-up 7-7:50 A.M. Meet starts at 8:00 A.M. The afternoon warm-ups will start as soon as the morning session has been completed (but not before 11 AM).

	Order of events				
<u>Girls</u>	Thursday PM	Boys	The host	teams reserve the rig	ht to limit
	Warm up 5:30 PM		the number	er of heats or combir	e heats in
1	Open 1650 free	2	the 100	0, 500 free and 400 l	M. The
			Thursday	events will be limite	d to finish
<u>Girls</u>	Friday PM	Boys		by 8:45 PM.	
	Warm up 4:45 PM		11 and o	lder swimmers will b	be seeded
3	8&U 100 IM	4	together in	n Open events , but a	warded as
5	10&U 200 IM	6	age gro	oups (11-12, 13-14 &	15+O)
7	Open 200 IM	8		-	
9	Open 500 free*	10			
Ciala	Catandan AM	D	Chile	Seen Jeen AM	D
<u>Girls</u>	Saturday AM	<u>Boys</u>	<u>Girls</u>	Sunday AM	<u>Boys</u>
11	Warm up 7 AM 10&U 200 MR	12	51	Warm up 7 AM 10&U 200 FR	52
11	8&U 100 MR	12 14	53	8&U 100 FR	52 54
15					
13	10&U 100 IM 8&U 50 back	16 18	55 57	10&U 200 free 8&U 50 free	56 58
					58
19	10&U 100 back	20	59	10&U 100 free	60
21	8&U 25 breast	22	61	8&U 25 fly	62
23	10&U 50 breast	24	63	10&U 50 fly	64
25	8&U 50 fly	26	65	8&U 50 Breast	66
27	10&U 100 fly	28	67	10&U 100 breast	68
29	8&U 25 free	30	69	8&U 25 back	70
31	10&U 50 free	32	71	10&U 50 back	72
33	10&U 500 free	34	73	Open 400 IM*	74
35	Open 1000 free*	36			
<u>Girls</u>	<u>Saturday PM</u>	Boys	<u>Girls</u>	Sunday PM	Boys
37	Open 200 MR	38	75	Open 200 FR	76
39	Open 200 fly	40	77	Open 200 breast	78
41	Open 100 back	42	79	Open 100 free	80
43	Open 50 breast	44	81	Open 50 fly	82
45	Open 200 free	46	83	Open 200 back	84
47	Open 50 back	48	85	Open 50 free	86
49	Open 100 breast	50	87	Open 100 fly	88
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*Breaks with open pool will be provided before the 1650, 1000, 500 free and 400 IM events. These breaks will be about 30 minutes long and are intended to give swimmers a chance to warm up before swimming. Swimmers in these events need to provide timers and counters. Positive check in may be used for these events if the timeline warrants it. Heats will be swum fastest to slowest alternating girls and boys.

Dolphin /FCYST Winter Open – February 7-10, 2008 WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry form, I/we hereby, for myself/ourselves, my/theirs, administrators assigns, waive and release any and all claims against United States Swimming (USA), Wisconsin Swimming Inc., Oshkosh Community YMCA, Fox Cities YMCA and the Oshkosh YMCA Parent's Group and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USA swimmers and eligible to compete in all events I/we have entered.

CLUB NAME:	CLUB ALPHA CODE:	
Signature of club official, parent/guardian, coach:		
Mailing address for final results:		
Name:		
Address:		
City: State	e: Zip:	
Name and phone number of person to contact regard	ing this entry form:	
Name:	Phone:	
Email Address		
ENTRY RECAP:		
Number of total Individual Events:	X \$3.50 ea. = \$	
Number of Relay Entries:	X \$12.00 ea. = \$	
Number of Individual Swimmers	X \$2.00 ea = \$	
Total Entry Fee: Check #	\$	
Checks payable to: Oshkosh YMCA Swim Team Mail to: Jay Coleman 3303 W. 20 th Ave Oshkosh, WI 54904	Entries due by January 29 th , 2008 Email: <u>jaycoleman@oshkoshymca.org</u>	

920-230-8439 x124