

Monona Grove-Madison Aquatics Club

A-BB-B-C

Groundhog Open 2005

USAS Sanction #2005-026WI

- Date:** January 29-30, 2005
- Location:** Monona Grove High School, 4400 Monona Dr., Monona, WI 53716 (608) 221-7666
- Facility:** An 8 Lane 25 yard pool with starting depth of 7 feet and a turn depth of 3 and half feet. Non-turbulent lane markers, backstroke flags. Regulation height starting blocks (30"). There is ample viewing area for swimmers and spectators. (seats 400)
- Timing System:** Colorado System 5. Full Matrix LED displays with AquaGrip Touchpads and Infinity Start System and 1 button plus 2 watches as back up. All events are time finals.
- Warm-ups:** **The morning session will begin at 7:30am with competition beginning at 8:35am. Warm-ups for the afternoon session will begin immediately following the morning session, but WILL NOT START BEFORE 11:00AM.**
- | <u>Morning Session Warm-ups – 60 minutes</u> | <u>Afternoon Session Warm-ups – 50 minutes</u> |
|--|---|
| First 30 minutes – circle swim all lanes | First 30 minutes – circle swim all lanes |
| Next 30 minutes – Lanes 3-4-5-6 Dive/Sprints
Lanes 1-8 for 8 & Under only
Lane 2-7 Circle Swim | Next 20 minutes – Lanes 2-3-4-5-6 Dive/Sprints
Lanes 1-7-8 Circle Swim |
- Rules:** *Failure to follow warm-up guidelines may result in disqualification from the next individual event.* Official 2005 Short Course USA Swimming Rules shall prevail for this meet. Swimmers must be registered with USA Swimming. Swimmers' age is as of January 29, 2005. Relays: first and last names of competing swimmers and order of swimming must be listed on the back of the card along with age, prior to swimming the relay.
- Entries:** Completed entry forms, signed waiver, and fees must be received by **Wednesday, January 19, 2005**. Preferred method of entry is by diskette in Hy-Tek Commlink format. Diskettes **MUST** be accompanied by a hard-copy listing. Current USAS ID number **MUST** be included on the entry form. All deck entries must be able to prove USAS membership. Out of state swimmers must show their current USAS card prior to swimming.
- Send entry materials to:** **Meet Director: Jill Jokela, P.O. Box 6202, Monona WI – 53716 – 608-241-2545 – jjokela@sbcglobal.net**
Please make checks payable to MGM Aquatics Club
- Entry Limit:** Only the first 1200 individual entries will be accepted per day. Entries not accepted will be notified by phone as soon as possible. Swimmers are limited to four(4) individual events plus two(1) relay per day.
- Entry Fee:** Individual events: \$3.00
Relays: \$10.00 **Please make checks payable to MGM Aquatics Club**
Splash fee: \$2.00
- Awards:** Awards for relay events will consist of ribbons for **1st-3rd places**.
Awards for individual events will consist of ribbons for **1st-16th places**. High point award for the top 3 for each age group (Boys and Girls) will receive medals. **Individual events will be scored by age (7 & under, 8, 9, 10, 11, 12, 13 & Senior)**. Heat winners for 10 & under events will receive ribbons. Individual swimmers must claim their own awards. Awards will not be mailed.
- Adaptive** Any coach of a swimmers(s) with special needs must notify the head official of those needs at the beginning of the
- Seeding:** The meet will be pre-seeded. **It is the swimmer's responsibility to be at the starting blocks at the start of his/her race.** Staging assistant will be provided for 8 & under events. **Coaches are responsible for their swimmers.**
- Final Results:** One copy of the meet result will be sent to all participating clubs. Additional copies may be ordered at \$5.00 per copy.
- Deck seeding:** Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 30 minutes before the start of each session. Swimmers unable to prove USAS membership will be charged a deck-registration fee of \$50.00.
- Admission:** Admission is free. Heat sheet will be available at \$5.00 each. Coaches' packets will be available at the admission table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USAS membership at all times.
- Concessions:** Delicious hot and cold food and drink will be available at reasonable prices in the Monona Grove Cafeteria.
- Meet Conduct:** Each team is responsible for the conduct of its swimmers. The meet director, at his discretion, shall remove from competition any swimmer who behaves in a disruptive or disorderly manner.
- Officials:** TBA

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Schedule of Events

Saturday A.M. 1/29/05

Warm-ups: 7:30-8:30am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8-Under 100 Medley Relay	2
3	10-Under 200 Medley Relay	4
5	10 yr 50 back	6
7	9 yr 50 back	8
9	8 yr 25 back	10
11	7 & Under 25 back	12
13	10 yr 100 fly	14
15	9 yr 100 fly	16
17	8 yr 50 fly	18
19	7 & under 50 fly	20
21	10 yr 50 free	22
23	9 yr 50 free	24
25	8 yr 25 free	26
27	7 & under 25 free	28
29	10 yr 50 breast	30
31	9 yr 50 breast	32
33	8 yr 50 breast	34
35	7 & Under 50 breast	36
37	10 yr 100 IM	38
39	9 yr 100 IM	40
41	8 yr 100 IM	42
43	7 & Under 100 IM	44
45	10 & Under 200 free	46

Sunday A.M. 1/30/05

Warm-ups: 7:30-8:30am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
93	8-Under 100 Free Relay	94
95	10-Under 200 Free Relay	96
97	10 yr 100 back	98
99	9 yr 100 back	100
101	8 yr 50 back	102
103	7 & Under 50 back	104
105	10 yr 50 fly	106
107	9 yr 50 fly	108
109	8 yr 25 fly	110
111	7 & under 25 fly	112
113	10 yr 100 free	114
115	9 yr 100 free	116
117	8 yr 50 free	118
119	7 & under 50 free	120
121	10 yr 100 breast	122
123	9 yr 100 breast	124
125	8 yr 25 breast	126
127	7 & Under 25 breast	128
129	10 yr 200 IM	130
131	9 yr 200 IM	132
133	8 yr 100 free	134
135	7 & Under 100free	136
137	10 & Under 500 free	138

Saturday P.M. 1/29/05

Warm-ups: not before 11:00am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
47	Senior 1000 Free	48
49	11-12 200 Medley Relay	50
51	Senior 200 Medley Relay	52
53	11 yr 50 Back	54
55	12 yr 50 back	56
57	13 yr 200 back	58
59	Senior 200 Back	60
61	*11 yr 200 Fly	62
63	*12 yr 200 Fly	64
65	*13 yr 200 Fly	66
67	*Senior 200 fly	68
69	11 yr 100 free	70
71	12 yr 100 free	72
73	13 yr 50 free	74
75	Senior 50 free	76
77	11 yr 50 breast	78
79	12 yr 50 breast	80
81	13 yr 100 breast	82
83	Senior 100 Breast	84
85	11 yr 100 IM	86
87	12 yr 100 IM	88
89	13 yr 200 IM	90
91	Senior 200 IM	92

Sunday P.M. 1/30/05

Warm-ups: not before 11:00am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
139	Senior 200 Free	140
141	11-12 200 Free Relay	142
143	Senior 200 Free Relay	144
145	11 yr 100 Back	146
147	12 yr 100 back	148
149	13 yr 100 back	150
151	Senior 100 Back	152
153	11 yr 50 Fly	154
155	12 yr 50 Fly	156
157	13 yr 100 Fly	158
159	Senior 100 fly	160
161	11 yr 50 free	162
163	12 yr 50 free	164
165	13 yr 100 free	166
167	Senior 100 free	168
169	11 yr 100 breast	170
171	12 yr 100 breast	172
173	13 yr 200 breast	174
175	Senior 200 Breast	176
177	*11 yr 400 IM	178
179	*12 yr 400 IM	180
181	*13 yr 400 IM	182
183	*Senior 400 IM	184

* Depending on the number of swimmers that sign up for the 200 fly and 400 IM we may swim each age group combined but the awards will be separated by their appropriate age group.

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WAIVER

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Monona Grove Madison Aquatic Club and the Monona Grove School District, The City of Monona, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____

Team Name _____

Team Abbreviation _____

Coach(es) _____

Address for Final Results

Contact Name & Phone _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$3.00 = \$ _____

Number of Swims Reserved _____ Reservation \$ _____

Balance Due for additional Swims (enter zero if less) \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$2.00 = \$ _____

Number of Relay Swims _____ x \$10.00 = \$ _____

Total Entry Fee due \$ _____

Make Checks Payable to MGM Aquatics Club

Mail Entries to:

Jill Jokela jjokela@sbcglobal.net 608-241-2545

P.O. Box 6202

Monona, WI – 53716

Entries must be received by Wednesday January 19, 2005