

MENOMONEE FALLS SWIM CLUB – DECEMBER DISTANCE CLASSIC

SANCTION NUMBER #2005-123WI

Saturday December 3, 2005 – Sunday December 4, 2005

- LOCATION:** Menomonee Falls High School
W142 N8101 Merrimac Drive
Menomonee Falls, WI 53051
- SPONSOR/
FACILITY
SUPPORT** Menomonee Falls Swim Club
Menomonee Falls Recreation Department
- FACILITY:** 25 yard pool with 6 lanes, non-turbulence lane markers and backstroke flags. Pool depth 3'6" to 5'. 30" slanted starting blocks into 5' pool depth and Colorado automatic timing system.
- MEET DIRECTOR/
ENTRY CHAIR:** Mike Bietz E-mail: MikeBietz@aol.com
W136 N6719 Claas Rd.
Menomonee Falls, WI 53051
(262) 703-9302
- TIMELINE:** Saturday: Warm-ups 7:30 a.m. Meet Starts: 9:05 a.m.
Sunday: Warm-ups 7:30 a.m. Meet Starts: 9:05 a.m.
- TIMING:** Events will be timed and judged by Colorado automatic timing system and judging equipment. Colorado horn starting system. Two back-up timers per lane will be provided.
- ENTRIES:** **EACH SWIMMER WILL BE LIMITED TO FOUR (4) INDIVIDUAL EVENTS, PLUS ONE (1) DISTANCE EVENT, PLUS RELAYS PER DAY.** Swimmer's age as of December 3, 2005 will determine his/her age group. **Deck entries will be accepted if open lanes are available and number of entries permit.** Parents should come to the pool office to complete the forms.
- ENTRY DEADLINE:** Completed individual and relay entry forms, waiver and fees must be received no later than **Friday, November 18, 2005**. All entries should be submitted either on the enclosed entry form or on a Hy-tec Team Manager diskette. Submit all seed times in yard cutoff times. Be sure to indicate any UNATTACHED swimmers. **Hytek entries will be accepted and are preferred.** Please include a hard copy with all disk entries.
- ENTRY FEES:** \$3.00 per individual event, \$8.00 per relay team and \$2.00 splash fee per swimmer. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable and cannot be used to offset cost of relays, deck seeding or splash fees. The entry fee for deck entries will be \$5.00 for individual and \$10.00 for relay. Checks should be made payable to MENOMONEE FALLS SWIM CLUB.
- WARM-UPS:** **FEET FIRST ENTRY ONLY FROM THE STARTING END OF THE POOL.** 60 minutes of circle swimming with no racing starts. The next 30 minutes: Lanes 3 & 4 - one way sprints with starts; Lanes 1, 2, & 5, 6 - continue as circle swim only. Additional lanes for one way sprints with starts may be opened at the discretion of the Meet Director. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualification.
- SEEDING:** All age groups will be pre-seeded.

- ELIGIBILITY:** All swimmers must be currently registered with United States Swimming and the USA numbers must appear on the entry form/disk. Out of state entrants must bring their USA swimming cards and be prepared to show them to Clerk of Course. To deck register, the swimmer shall pay the annual United States Swimming registration fee of \$47.00 plus a \$15.00 surcharge.
- AWARDS:** Individual Event Ribbons – 1st-6th
Relay Events Ribbons: 1st-6th
Heat winner awards will be given for all events for 10 and under age groups.
High Point Trophies 1st-3rd, 6&under, 8&under, 9, 10, 11, 12 year olds, and will be presented at the end of competition Sunday, December 4, 2005.
All ribbons and trophies will be available for pick-up during the meet.
No awards will be mailed.
- ADMISSION:** \$3.00 plus \$3.00 for heat sheet
- COACHES
PACKETS:** Coaches may pick up their packets in the pool office. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA Swimming coaches card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.
- OFFICIAL RULES:** 2005 USS Wisconsin Swimming Rules shall govern this meet. 500 and 1650 swimmers will need to provide their own counters.
- OFFICIALS:** TBA
- ADAPTIVE
SWIMMERS:** Please notify meet officials of any adaptive swimmers upon arriving at meet.
- FOOD:** A concession stand will offer a wide selection of food and beverage available outside the pool area. **No** food or coolers will be allowed in pool area.
- CONDUCT:** All teams will be responsible for the conduct of their own swimmers. The Meet Marshall and Meet Director shall have authority to disqualify swimmers for misconduct.
- FIRST AID:** A First Aid kit will be available in the pool office.
- LOST&FOUND:** Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for two weeks after the meet. Any remaining items will then be donated to charity.
- FINAL RESULTS:** One hard copy of meet results will be mailed to each participating team.
- REST AREA:** The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the school.
- SMOKING:** Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool.
- Menomonee Falls High School is a SMOKE and DRUG FREE ZONE.

MENOMONEE FALLS SWIM CLUB – DECEMBER DISTANCE CLASSIC**SANCTION NUMBER #2005-123WI****Saturday December 3, 2005 – Sunday December 4, 2005****ORDER OF EVENTS – SATURDAY Single A.M. Session**

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
1	10&U	200 yd IM	2
3	11-12	200 yd IM	4
5	Senior	400 yd IM	6
7	6&U	25 yd Freestyle	8
9	8&U	25 yd Freestyle	10
11	9-10	100 yd Freestyle	12
13	11-12	100 yd Freestyle	14
15	Senior	100 yd Freestyle	16
17	6&U	50 yd Butterfly	18
19	8&U	50 yd Butterfly	20
21	9-10	50 yd Butterfly	22
23	11-12	100 yd Butterfly	24
25	Senior	100 yd Butterfly	26
27	6&U	25 yd Breaststroke	28
29	8&U	25 yd Breaststroke	30
31	9-10	100 yd Breaststroke	32
33	11-12	200 yd Breaststroke	34
35	Senior	200 yd Breaststroke	36
37	6&U	50 yd Backstroke	38
39	8&U	50 yd Backstroke	40
41	9-10	50 yd Backstroke	42
43	11-12	100 yd Backstroke	44
45	Senior	100 yd Backstroke	46
47	10&U	200 yd Medley Relay	48
49	11-12	400 yd Medley Relay	50
51	Senior	400 yd Medley Relay	52
		** 15 minute in-water break **	
53	Mixed-Senior	500 yd Freestyle	

ORDER OF EVENTS – SUNDAY Single A.M. Session

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
55	10&U	100 yd IM	56
57	11-12	100 yd IM	58
59	Senior	200 yd IM	60
61	6&U	50 yd Freestyle	62
63	8&U	50 yd Freestyle	64
65	9-10	50 yd Freestyle	66
67	11-12	200 yd Freestyle	68
69	Senior	200 yd Freestyle	70
71	6&U	25 yd Butterfly	72
73	8&U	25 yd Butterfly	74
75	9-10	100 yd Butterfly	76
77	11-12	200 yd Butterfly	78
79	Senior	200 yd Butterfly	80
81	6&U	50 yd Breaststroke	82
83	8&U	50 yd Breaststroke	84
85	9-10	50 yd Breaststroke	86
87	11-12	100 yd Breaststroke	88
89	Senior	100 yd Breaststroke	90
91	6&U	25 yd Backstroke	92
93	8&U	25 yd Backstroke	94
95	9-10	100 yd Backstroke	96
97	11-12	200 yd Backstroke	98
99	Senior	200 yd Backstroke	100
101	10&U	200 yd Freestyle Relay	102
103	11-12	400 yd Freestyle Relay	104
105	Senior	400 yd Freestyle Relay	106
		** 15 minute in-water break **	
107	Mixed-Senior	1650 yd Freestyle	

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INDIVIDUAL EVENT ENTRY FORM

Team Name: _____

Please enter in age order. Use separate sheets for Girls & Boys.

Name / USS # / Age

	Event #								
	Distance/Stroke								
	Seed Time								

	Event #								
	Distance/Stroke								
	Seed Time								

	Event #								
	Distance/Stroke								
	Seed Time								

	Event #								
	Distance/Stroke								
	Seed Time								

	Event #								
	Distance/Stroke								
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RELAY ENTRY FORM

Team Name: _____

Event #	Age	Group	Relay	Team A	Team B	Team C	Team D	Team E
47	10&U	Girls	200 yd Medley Relay					
48	10&U	Boys	200 yd Medley Relay					
49	11-12	Girls	400 yd Medley Relay					
50	11-12	Boys	400 yd Medley Relay					
51	Senior	Girls	400 yd Medley Relay					
52	Senior	Boys	400 yd Medley Relay					
101	10&U	Girls	200 yd Freestyle Relay					
102	10&U	Boys	200 yd Freestyle Relay					
103	11-12	Girls	400 yd Freestyle Relay					
104	11-12	Boys	400 yd Freestyle Relay					
105	Senior	Girls	400 yd Freestyle Relay					
106	Senior	Boys	400 yd Freestyle Relay					