Sunday October 17, 2004 SANCTION NUMBER 2004-116WI

LOCATION Menomonee Falls High School

W142 N8101 Merrimac Drive Menomonee Falls, WI 53051

FACILITY 25 yard pool with 6 lanes, non-turbulence lane markers and backstroke flags.

Pool depth 3'6" to 5'. 30" slanted starting blocks into 5' pool depth

and Colorado automatic timing system.

SCHEDULE Warm-ups: 7:30 a.m. Meet Starts: 9:05 a.m.

SPONSOR/ Menomonee Falls Swim Club

FACILITY Menomonee Falls Recreation Department

**SUPPORT** 

ENTRIES The completed entry forms, signed waiver and fees must be received by Wednesday, Oct., 6, 2004.

MEET Lisa Mickola

DIRECTOR W147 N6911 Woodland Dr.

Menomonee Falls, WI 53051

(262) 250-9711 Mickola@wi.rr.com

OFFICIALS Ted Hanson, TBA

EVENT Four (4) individual events plus relays

LIMITS

AGE & CLASS Swimmer's age as of October 17, 2004 shall determine age group eligibility. A-BB-B+C

DIVISION classification will be used for 10&U and 11-12 swimmers. The 8&U and Senior

swimmers will be A-B-C combined. ALL classes will swim together according to age group and sex. All relays events will be A-B-C combined. 2004 National Motivational Time

Standards will be used.

ENTRY FEES \$2.00 per swimmer splash fee

\$3.00 per individual entry \$8.00 per relay entry

SEED TIMES Submit all seed times in yard cutoff times using registration forms provided. Please

use separate forms for boys and girls. Be sure to indicate any UNATTACHED

swimmers. **Hytek disk entries will be accepted and are preferred.** Please include Hytek swimmer listings. When filling out relay cards at the meet, names and ages of the swimmers

must be on the back.

OUT OF STATE All out of state swimmers must have a current (paid) USA Swimming card with them. SWIMMERS

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ADAPTIVE Please notify meet officials of any adaptive swimmers upon arriving at meet.

**SWIMMERS** 

TIMING Events will be timed and judged by Colorado automatic timing system and judging

equipment. Colorado horn starting system. Two back-up timers per lane will be provided.

**OFFICIAL** 

2004 USA Swimming rules for competitive swimming shall be used. All entry forms must include swimmers' current USA Swimming registration numbers. All clubs must be registered with USA Swimming and must show their alpha code on the entry form.

This is a PRE-SEEDED meet. Swimmers should report to their starting blocks for their scheduled event and heat. The Senior 1000 freestyle event will be DECK-SEEDED and run fastest to slowest. Positive check-in is required for this event. The check-in sheet will be posted on the outside glass of the office. Check-in will close at 10:00 am.

Deck Registration will be accepted. Parents should come to the pool office to complete the forms. To deck register, the swimmer shall pay the annual USA Swimming registration fee of \$43.00 plus a \$15.00 surcharge.

Deck Seeding will be allowed into unfilled lanes of existing heats only and at the discretion of the Meet Manager. There will be an additional \$2.00 surcharge per swimmer for deck seeding.

WARM-UPS

All swimmers must enter the pool FEET FIRST - No Exceptions.

7:30 a.m. to 8:15 a.m. - Circle swim only in all lanes

8:15 a.m. to 9:00 a.m. - Lanes 3 & 4 - ONE WAY SPRINTS w/STARTS

Lanes 1,2, & 5,6 - continue as circle swim only

The diving well will only be open for 8 & under warm-ups and the 1000 Freestyle cool-down.

**AWARDS** 

Custom: 1st - 3rd Place Individuals:

Ribbons: 4th - 6th Place

Relays: Ribbons: 1st - 6th Place

Custom - for those "C" swimmers achieving "B", "BB" or "A" times Achievers:

Heat Ribbons: Ribbons will be awarded for the 8&U and 10&U events only

ADMISSION

Spectators over 18: \$3.00

Heat Sheet: \$2.00

RESULTS

Meets Results \$5.00 each copy. Orders can be placed in the pool office.

**FOOD** 

Available outside the Pool area

No food or coolers will be allowed in pool area.

LOST&FOUND Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for two weeks after the meet. Any remaining items will then be donated to charity.

FIRST AID

A First Aid kit will be available in the pool office.

REST AREA

The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the school.

**SMOKING** 

Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool.

Menomonee Falls High School is a SMOKE and DRUG FREE ZONE.

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Girls Event #		Age	Description	Boys Event #
1		10&U	200 yd Medley Relay	2
3		Senior*	200 yd Medley Relay	4
5		8&U	25 yd Freestyle	6
7		10 <b>&amp;</b> U	50 yd Freestyle	8
9		11-12	100 yd Freestyle	10
11		Senior	100 yd Freestyle	12
13		8&U	25 yd Breaststroke	14
15		10&U	100 yd Breaststroke	16
17		11-12	100 yd Breaststroke	18
19		Senior	100 yd Breaststroke	20
21		10&U	100 yd IM	22
23		11-12	100 yd IM	24
25		Senior	200 yd IM	26
27		8&U	25 yd Butterfly	28
29		10&U	50 yd Butterfly	30
31		11-12	100 yd Butterfly	32
33		Senior	100 yd Butterfly	34
35		8 <b>&amp;</b> U	25 yd Backstroke	36
37		10&U	100 yd Backstroke	38
39		11-12	200 yd Backstroke	40
41		Senior	200 yd Backstroke	42
43		10&U	200 yd Freestyle Relay	44
45		Senior*	200 yd Freestyle Relay	46
			** 15 minute break **	
47	Mixed	Senior	1000 yd Freestyle	

<sup>\*</sup>Senior Relays open to any age

Sunday, October 17, 2004 SANCTION NUMBER 2004-116WI INDIVIDUAL EVENT ENTRY FORM

Team Name:				Please enter in age order.				
Use separate sheets for Girls & Boys.								
Name / USS # / Age								
	Event #							
	Distance/Stroke							
	Seed Time							
			!					
	Event #							
	Distance/Stroke							
	Seed Time							
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	2004 11110							<u></u>
	Event #							
	Distance/Stroke							
	Seed Time							

Sunday, October 17, 2004 SANCTION NUMBER 2004-116WI

#### RELAY ENTRY FORM

Team Name:
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Event #	Age	Group	Relay	Team A	Team B	Team C	Team D	Team E
1	10011	C: 1	200 114 11 12 1		1	1	1	
1	10&U	Girls	200 yd Medley Relay					
2	10&U	Boys	200 yd Medley Relay					
3	Senior	Girls	200 yd Medley Relay					
1					<u> </u>	<u> </u>	<u> </u>	
4	Senior	Boys	200 yd Medley Relay					
42	10 % 11	Ciala	200 and Empored a Distant		<del> </del>	1	i	
43	10 & U	Girls	200 yd Freestyle Relay					
44	10 & U	Boys	200 yd Freestyle Relay					
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45	Senior	Girls	200 yd Freestyle Relay					
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46	Senior	Boys	200 yd Freestyle Relay					
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#### WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USS), the Wisconsin Local Swimming Committee of the USS, Menomonee Falls Swim Club, Menomonee Falls High School, their Board of Directors and all other staff for injuries and/or expenses incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide amateur athletes and eligible to compete in all events I/we have entered. I/We also understand that my/our club will be responsible financially for any damage done to the facility by my/our athletes during the meet. I/We will be responsible for making my/our athletes/parents/coaches/club administrators aware of the waiver requirements of participation in this event.

Team Name:		Abbreviation:				
Signature of Club Official Parent or Guardian						
	Address:					
Coach or Team Representative at Meet	Name:					
Person to Contact in Case of	Name:					
Entry Problems	Phone:					
Name and Address for Mailing Final Results	Name:					
Tillar results	Address:					
Entry Fee Summary:	Individual Events $x \$3.00 = \$$	5				
	Amount Sent with Reservation		(Subtract)			
	Balance Due for Additional Sv	wims \$	(Enter zero if less)			
	Excess reservation may not be applied toward relay and splash fees.					
	Relay Teams x \$8.00	= \$				
	Swimmers x \$2.00	= \$	Splash Fee			
	Entry Fee Due	\$				
Make checks payable to: Menomonee Falls Sw	im Club	Check #				
Mail Entries to: Lisa Mickola W147 N6911 Woodland Dr						

W147 N6911 Woodland Dr. Menomonee Falls, WI 53051

(262) 250-9711 Mickola@wi.rr.com

Entries must be received by Wednesday, October 6, 2004.