

MEYO DISTANCE SPLASH MEET INFORMATION
Sunday November 28, 2004
SANCTION NUMBER 2004-124WI

A Long Distance, Multi Age Group, Designed For Swimmers Who Want To Be Challenged!

- LOCATION: Madison East YMCA 711 Cottage Grove Road Madison, WI. 53716
- FACILITIES: Seven lane 25 yard pool, pool depth starting end 9ft., block height 28 inches, non-turbulent lane dividers, with 3 timers per lane. Ample bleacher seating on deck, food service plus generous rest area in the activity room.
- AGE GROUPS: Age as of 11/28/2004. 8&U, 9-10, 11-12, 13-14, 15-18, SENIOR
- WARM UPS: Morning session: 6:30 to 7:30 AM (8&U, 9-10)
Afternoon session warm-ups will immediately follow the conclusion of morning session and be 55 minutes long. (11-12, 13-14, 15-18, SENIOR)
- START TIME: Meet will start at 7:35 AM (8&U,9-10), afternoon session will begin 1 hour after the conclusion of the morning session. (11-12, 13-14, 15-18, SENIOR).
- PSYCHE SHEET: A Psyche sheet and estimated meet timeline will be posted on the MEYO website (www.geocities.com/meyo_octopi/index.htm) by Tuesday November 23, 2004. Swimmers are encouraged to use this information only as a guide as to the time they will be swimming each event. Breaks will be taken as appropriate, at the discretion of the meet referee, to ensure quality swimming
- TEAMS: Open to all YMCA & USA teams. USA technical rules apply. All times may be used for qualifying for YMCA or USA State Swim Meets and beyond.
- CLERK OF COURSE: There will be a Clerk of Course only for the 8 & Under swimmers who will be staged and escorted into the pool area.
- OFFICIALS: TBA. There will be a minimum of 3 USA officials present.
- EVENT LIMITS: A swimmer may enter up to a total of 4 individual events.
There are no relay events.
- SEED TIMES: If no official time has been established by the swimmer for any event entered, we strongly recommend a time trial be held during practice. We will accept that time as the individuals seed time. This will help assist in a better placement, and a more positive experience, of swimmers given the combined nature in which heats will be run.
- COMPUTER ENTRIES: Please e-mail your entries with a HY TEK export file attachment (name your meet "Octopi Distance Splash 2004"), AND mail a hard copy backup with your entry fees and signed waiver. Deadline for entries is Tuesday, November 9, 2004.

e-mail entries to: meyoswimming@yahoo.com

Mailing address: Robin Berg
Madison East YMCA
711 Cottage Grove Road
Madison, WI. 53716

Entry fees and signed waiver must accompany entries.
If questions please call (608) 221-1571

MEET DIRECTOR: Lynn Stickels
Madison East YMCA
711 Cottage Grove Road
Madison, WI. 53716
lynn.stickels@ymcadanecounty.org

COST: Individual Events \$4.00 + \$2.00 Splash fee. There will be a \$3.00 Admission charge for spectators which includes a heat sheet.

AWARDS: Individual events: medals 1st - 3rd place, ribbons 4th - 8th place. In addition, a high point award will be presented to the top points finisher in each age group and completion ribbons will be given to all swimmers successfully completing their event(s).

SCORING: 1st – 16th place will be scored.

REST AREA: Located in the activity room. Please inform swimmers that no running, throwing or rough play will be tolerated, for safety reasons. Teams are responsible for cleaning up their own areas at the end of the meet.

FOOD SERVICE: An excellent array of food will be sold throughout the meet.
NO FOOD IS ALLOWED IN THE POOL AREA PER THE CITY HEALTH CODE.
ONLY PLASTIC WATER BOTTLES ARE ALLOWED IN THE POOL AREA.

COACHES PACKET: Coaches packets will be ready to be picked up in the computer room. Please be sure to list all coaches attending this meet. Coaches and officials will have access to a hospitality room.

EXHIBITION: In order to provide the maximum positive experience for all entrants any swimmer who is disqualified for a false start will be allowed to swim the event as exhibition. Exhibition swims are not eligible for awards or points.

ADAPTIVE SWIMMERS: Please notify the Meet Director of any special needs prior to the warm-ups for each session.

POSITIVE CHECK-IN: Positive check-in will be required for the following events: 500 freestyle, 1,000 freestyle, 1,650 freestyle, and 400 IM. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. Positive check-in station will be located at the admissions desk. Seeding for these events will be posted in the pool area (by the corner nearest the turn end of the pool adjacent to lane 8), the rest area, and a copy given to each coach.

DECK SEEDING: Deck seeding will be allowed into unfilled lanes of existing heats only and at the discretion of the Meet Director. For events requiring positive check-in, deck seeding will be on a first-come first-served basis. Payment is due at the time of deck seeding.

CONSOLIDATION: To expedite the meet and provide the best competition forum for swimmers, within each session, all 200 yard stroke races, the 400 IM, and all freestyle events 500 yards and greater will be seeded and combined without regard to age or gender. Places, awards, scoring, and published results will be segregated by age group and gender.

Girls Event#	Description	Boys Event #
(AM SESSION)		
1*	10&U 500 Freestyle	
3	8&U 50 Backstroke	4
5	9-10 100 Backstroke	6
7	8&U 50 Freestyle	8
9	9-10 100 Freestyle	10
11	8&U 50 Breaststroke	12
13	9-10 100 Breaststroke	14
15	8&U 100 Freestyle	16
17	9-10 200 Freestyle	18
19	8&U 50 Butterfly	20
21	9-10 100 Butterfly	22
23	8&U 100 Individual Medley	24
25	9-10 200 Individual Medley	26

* Note that events 1 will be seeded without regard to age or gender and event 27 without regard to gender, however results will be separated by age and/or gender for scoring purposes.

(PM SESSION)

27**	1000 Freestyle
28*	200 Backstroke
29*	200 Freestyle
30*	200 Breaststroke
31*	500 Freestyle
32*	200 Butterfly
33*	400 Individual Medley
34*	1650 Freestyle

- Note that each of the PM events will be seeded without regard to age or gender, however results will be separated for scoring purposes as described in the meet information.
- ** 10un swimmers who wish to participate in the 1000 free will be able to swim in this event and will be sorted out and scored accordingly. 10un swimmers in this event may not exceed the total individual swim limit.