

# Lake Country "Phoenix" Swim Team

Winter Single Age High Point Trophy Challenge

Sanction #2006-012WI

- DATE:** Saturday, January 21, 2006
- PLACE:** HARTFORD HIGH SCHOOL - (805 Cedar Street) Hartford, Wisconsin
- WARMUP:** Warm-up: 8-9 AM as follows: 8-8:30, circle swim all lanes, NO diving. 8:30-8:55, one way sprints in announced lanes. Meet starts at 9:05 AM. Afternoon Warm-up will start at the conclusion of the morning session and will last 45 minutes. Sprint lanes will be opened as needed. Meet starts 50 minutes after the end of the morning session.
- POOL:** Six lane, 25 yard pool, 8.5' starting depth, 30" blocks with non-turbulent lane markers and backstroke flags.
- TIMING:** Colorado System with back-up watches and across the board judging in case of a malfunction. All events are timed finals. Computerized scoreboard for all lanes.
- OFFICIAL RULES:** Current Official Short Course USA and Wisconsin Rules shall prevail for this meet. Swimmers must be registered USA Swimming members. Age as of January 21, 2006.
- MEET DIRECTOR:** Rob Prost  
Lake Country Swim Team  
PO Box 181  
Hartland, WI 53029 - (262) 367-7657  
E-Mail: [Lakecountryswim@sbcglobal.net](mailto:Lakecountryswim@sbcglobal.net)
- ENTRY CHAIR:** Darsi Kohnhorst
- ENTRY LIMIT:** Swimmers may compete in Four (4) individual events plus relays.
- FEES:** Individual events: \$3.00 per event. Relays events: \$10.00 per relay. LSC surcharge: \$2.00 per entered swimmer. Please make checks payable to **LAKE COUNTRY SWIM TEAM**. Entry fees are not refundable.
- DECK ENTRIES:** Deck entries will be at the discretion of the meet director depending on the availability of open lanes. Swimmers may not scratch and deck enter.
- ENTRY DEADLINES:** Entries must be received no later than **Tuesday January 10, 2006** by the entry chair. Teams are encouraged to submit their entries via e-mail. Completed hard copy of entry, waiver and fees must be received no later than **Tuesday, January 17, 2006**. (Please remember that Monday, January 16 is a postal holiday.) This meet is being run with **Hy-Tek swim software**. No seed times will be changed once the entry chair has seeded the meet.
- ADMISSIONS:** Admission for spectators over 13 years old is \$3.00. Heat sheets are \$2.00.
- PARKING:** Parking is available in the west lot. Access is readily available to eliminate a long walk. Note: You must park in a designated marked parking space or you will receive a ticket.
- FINAL RESULTS:** One copy of meet results will be sent to each team represented. Additional results can be ordered at the admissions table for \$10.00 per copy. Teams may pick-up their result on disk at the conclusion of the meet. An electronic copy of the results will be emailed to each team and posted on the Wisconsin swimming website.
- CONDUCT:** Each team is responsible for the conduct of its swimmers.
- AWARDS:**
- |                               |   |
|-------------------------------|---|
| 13 & Under Individual Events: | Ribbons 1st through 12 <sup>th</sup>                        |
| Senior Individual events:     | No Ribbons  |
| 12 & Under Relay Events:      | Ribbons 1st through 6 <sup>th</sup>                         |
| Senior Relay Events:          | No Ribbons  |
| High Point Awards:            | 1st through 12th Awards Girls/Boys, each Age Group incl. SR |
- High point awards will be presented to the individual winners at the conclusion of the meet.
- SCORING:** 12-place scoring will be used: 16-13-12-11-10-9-7-5-4-3-2-1
- FOOD:** A superb selection of hot and cold food and beverages will be available in the cafeteria.
- OFFICIALS:** To be announced.

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January 21, 2006

<u>Girls Ev #</u>	<u>Event Description</u>	<u>Boys Ev #</u>	<u>Girls Ev #</u>	<u>Event Description</u>	<u>Boys Ev #</u>
<b>AM Session: Warm-ups 8:00 am</b>			<b>PM Session: Warm-ups 45 minutes long</b>		
<b>Meet Begins 9:05 am</b>			<b>Meet starts 50 minutes after conclusion of AM session.</b>		
1	11 & Over 200 Free Relay	2	51	10 & Under 200 Free Relay	52
	5 Minute Break			5 Minute Break	
3	Senior 200 IM	4	53	10 100 IM	54
5	13 200 IM	6	55	9 100 IM	56
7	12 100 IM	8	57	8 100 IM	58
9	11 100 IM	10	59	7 & Under 100 IM	60
11	Senior 50 Freestyle	12	61	10 50 Freestyle	62
13	13 50 Freestyle	14	63	9 50 Freestyle	64
15	12 50 Freestyle	16	65	8 25 Freestyle	66
17	11 50 Freestyle	18	67	7 & Under 25 Freestyle	68
19	Senior 100 Butterfly	20	69	10 50 Butterfly	70
21	13 100 Butterfly	22	71	9 50 Butterfly	72
23	12 50 Butterfly	24	73	8 25 Butterfly	74
25	11 50 Butterfly	26	75	7 & Under 25 Butterfly	76
27	Senior 100 Backstroke	28	77	10 50 Backstroke	78
29	13 100 Backstroke	30	79	9 50 Backstroke	80
31	12 100 Backstroke	32	81	8 25 Backstroke	82
33	11 100 Backstroke	34	83	7 & Under 25 Backstroke	84
35	Senior 100 Breaststroke	36	85	10 50 Breaststroke	86
37	13 100 Breaststroke	38	87	9 50 Breaststroke	88
39	12 50 Breaststroke	40	89	8 25 Breaststroke	90
41	11 50 Breaststroke	42	91	7 & Under 25 Breaststroke	92
43*	Senior 500 Freestyle	44*	93*	10 200 Freestyle	94*
45*	13 500 Freestyle	46*	95*	9 200 Freestyle	96*
47*	12 500 Freestyle	48*			
49*	11 500 Freestyle	50*			

\* The events below will be seeded and swum combined in the order listed, but scored separately:

43 & 45, 44 & 46, 47 & 49, 48 & 50, 93 & 95, 94 & 96

# Lake Country Swim Team

## Winter Single Age High Point Trophy Challenge

**Individual Entry Form**

**Team Name:** \_\_\_\_\_

**USS Code:** \_\_\_\_\_

**Please Circle:** Girls Boys

**Entry Contact:** \_\_\_\_\_

**Phone#:** \_\_\_\_\_

Name/ USA# (Required)	Age	#	Event/ Seed Time	#	Event/ Seed Time	#	Event/ Seed Time	#	Event/ Seed Time

Event Number-Description	A	B	C	D	E
#1 Girls 11 & Over 200 Free Relay					
#51 Girls 10 & Under 200 Free Relay					
#2 Boys 11 & Over Free Relay					
#52 Boys 10 & Under 200 Free Relay					

### Waiver

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the Lake Country Swim Team, the Hartford High School, and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes currently registered with United States Swimming and in good standing with Wisconsin Swimming, Inc. and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We have also verified that each of our entered athletes are current with their registration with United States Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Club Name: \_\_\_\_\_ Initials \_\_\_\_\_  
(Four Only)

### Signature of Club Official, Parent or Guardian (Final results will be mailed to this address)

Name: \_\_\_\_\_ Day Phone Number \_\_\_\_\_

Title: \_\_\_\_\_ Evening Phone Number \_\_\_\_\_

Address: \_\_\_\_\_ E-Mail \_\_\_\_\_

City, State, Zip \_\_\_\_\_

In the case of facility problem, weather or other unforeseen circumstance which would require cancellation or delay of meet who may we contact as soon as possible for participant notification.

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of coach or team representative(s) at meet: \_\_\_\_\_ AM / PM  
(Must have current Coach's credentials to be on deck)

\_\_\_\_\_ AM / PM

Entry Fee Recap: \_\_\_\_\_ Individual Events x \$3.00 = \$ \_\_\_\_\_

\_\_\_\_\_ Less Reservation Check = -\$ \_\_\_\_\_

(Only to be used for Ind. Events. May not be used for relays or surcharges)

A: Additional Amount Owed = \$ \_\_\_\_\_

\_\_\_\_\_ Relay Teams x \$10.00 = \$ \_\_\_\_\_

\_\_\_\_\_ LSC Surcharge x \$2.00 = \$ \_\_\_\_\_

(# of swimmers in Ind. Events only)

B: Relay & Surcharge Total = \$ \_\_\_\_\_

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**Total of Lines A & B = \$ \_\_\_\_\_**

Make checks payable to: **Lake Country Swim Team** Check # \_\_\_\_\_

Mail Entries to: Lake Country Swim Team c/o Darsi Kohnhorst  
PO Box 181  
Hartland, Wisconsin 53029

Email Entries to: lakecountyswim@sbcglobal.net

Questions: Lake Country Swim Team Office (262) 367-7657