

THE J-HAWK AQUATIC CLUB PRESENTS THE

J-HAWK SUMMER CLASSIC

June 11-12, 2004

A-BB+B-C

25 Yards

Sanction: 2004-078

Location: UW-Whitewater, Williams Center Pool

Facility: Six lanes, 25 yards flush deck, non-turbulence lane markers and backstroke flags, with 30" height starting blocks. Pool is 7 feet deep at starting blocks.

Timing: Colorado System with backup watches. All events are timed final. Computerized scoreboard for all lanes.

Officials: TBA

Official Rules: Official 2004 Short Course USS Rules shall prevail for this meet. Swimmers must be registered swimmers. Age as of June 11, 2004.

Warm-up: Friday evening warm-ups will begin at 4:30pm, with competition starting at 5:35pm. Saturday morning warm-ups will begin at 7am, with competition starting at 8:05am. The warm-ups for the afternoon session will begin immediately following the morning session, but not before 11:00am. The afternoon warm-up session is 45 minutes long. Warm-up procedures are as follows:

Friday PM/Saturday AM:	<u>First 30 minutes</u>	<u>Last 30 minutes</u>
Lanes 1 (8&U only)	Circle swim	Sprints/Starts
Lanes 2	Circle swim	Sprints
Lanes 3-4	Circle swim	Circle Swim
Lanes 5-6	Circle swim	Pace
Saturday PM Session:	<u>First 30 minutes</u>	<u>Last 15 minutes</u>
Lanes 2-4	Circle swim	Sprints
Lanes 1 & 5	Circle swim	Circle swim
Lane 6	Circle swim	Pace

Entry Chair/ Cheri Zimdars E-Mail: info@j-hawks.org

Meet Director: N569 Fremont Rd.
Whitewater, WI 53190 Phone: 262-473-1800

Entry Limit: Swimmers may swim two (2) individual events on Friday evening and four (4) individual events on Saturday, plus two (2) relays. All Friday events are check-in events.

Fees: Individual events \$3 per event and \$10.00 per relay. \$2.00 LSC surcharge per swimmer swimming in at least one individual event. Entry fees must accompany the official entry forms and are not refundable.

Entry Deadline: Completed entry form, waiver, and fees must be received *no later than Wednesday, June 2, 2004* by the entry chair. No phone entries will be accepted. This meet is being run with Hy-Tek swim software. Teams wishing to submit their entries via disk are encouraged to do so. No seed times will be changed once the entry chair has seeded the meet. Deck entries will be accepted in open lanes only.

Adaptive Swimmers: If you have any swimmers with special needs, please notify the Meet Director by e-mail or phone no later than Thursday, June 10, 2004.

Admissions: Spectators over 13 years old are \$3. Heat sheets are \$2.

Final Results: One copy of final results will be sent to each team represented. Teams will be responsible to pick up their commlinked disk following the completion of the meet. No awards or disks will be mailed with the final results.

Concessions: A concession stand with a wide and delicious variety of food and beverages will be available.

Conduct: Each team is responsible for the conduct of its' swimmers.

Awards: *All swimmers entered in the meet will have their name placed in a drawing to win a GIANT Bike! The drawing will take place, on Saturday, June 12th, at 11am.*

Please pick up your awards in a timely manner. No Friday awards or Saturday morning awards will be given out once the Saturday afternoon session has begun.

All age groups:	1 st – 3 rd	Medals
	4 th – 6 th	Ribbons
Mixed Individual events	4 th – 12 th	Ribbons
All relay events:	1 st -3 rd	Rosette Ribbons

All 6&Under swimmers will receive a fun participation award.

All 8&Under swimmers will compete together, but 6&Unders will receive separate awards.

All swimmers achieving A-BB times, that were entered at B-C times, will receive an achiever ribbon. A-BB and B-C swimmers will compete together and be awarded separately. Swimmers are placed in the A-BB or B-C division based upon their entry times.

WAIVER

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the J-Hawk Aquatic Club, the Swim Parents Association, the Fort Atkinson High School, and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes currently registered with United States Swimming and in good standing with Wisconsin Swimming, Inc. and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also are aware that it is our responsibility to ensure that every athlete and coach participating in the meet are registered United States members. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Club Name: _____ Initials: _____

Signature of Club Official, Parent or Guardian (final results will be mailed to this address)

Name: _____ Phone: _____
Address: _____ E-Mail: _____
City, State, Zip: _____

Name of coach(es) or team representative(s) at meet: _____

Entry Fee Recap: _____ Individual Events x \$3.00 = \$ _____
_____ Relay Teams x \$10.00 = \$ _____

TOTAL EVENT FEES = \$ _____
LESS RESERVATION = - \$ _____

A: ADDITIONAL OWED A: \$ _____*

**If reservation amount is more than the event fees, write zero (0) on line A.*

_____ LSC Surcharge x \$2.00 = B: \$ _____

TOTAL OF LINES A & B = \$ _____

Make checks payable to: **J-HAWK AQUATIC CLUB**

Mail entries to: J-Hawk Aquatic Club
N569 Fremont Rd
Whitewater, WI 53190

Questions: 262-473-1800 or info@j-hawks.org

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Friday PM		
Order of Events		
Girls' Event #	Description	Boys Event #
1	500 Yd Free*	2
3	10 & Under 200 Yd IM**	4
5	400 Yd IM*	6
7	10 & Under 200 Yd Free**	8
9	1000 Yd Free*	10
	*All ages swim together, but receive separate awards (8&U, 9-10, 11-12, 13-14, 15&O)	
	**All ages swim together, but receive separate awards (6&U, 7-8, 9-10)	

Saturday AM		
Order of Events		
Girls' Event #	Description	Boys Event #
11	8&U 100 Yd Mixed Medley Relay	11
12	Senior 200 Yd Mixed Medley Relay	12
13	8&U 25 Yd Free	14
15	Senior 200 Yd Free	16
17	13-14 100 Yd Free	18
19	8&U 25 Yd Breast	20
21	Senior 100 Yd Breast	22
23	13-14 100 Yd Breast	24
25	8&U 25 Yd Back	26
27	Senior 200 Yd Back	28
29	13-14 100 Yd Back	30
31	8&U 25 Yd Fly	32
33	Senior 100 Yd Fly	34
35	13-14 100 Yd Fly	36
37	8&U 100 Yd IM	38
39	Senior 200 Yd IM	40
41	13-14 200 Yd IM	42
43	8&U 100 Yd Mixed Free Relay	43
44	Senior 200 Yd Mixed Free Relay	44

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Saturday PM		
Order of Events		
Girls' Event #	Description	Boys Event #
45	12&U Mixed 200 Yd Medley Relay	45
46	10&U Mixed 200 Yd Medley Relay	46
47	10&U Mixed 100 Yd Back	47
48	11-12 Mixed 200 Yd Back	48
50	10&U 100 Yd Free	51
52	11-12 100 Yd Free	53
54	10&U 50 Yd Breast	55
56	11-12 50 Yd Breast	57
58	10&U 50 Yd Back	59
60	11-12 50 Yd Back	61
62	10&U 50 Yd Fly	63
64	11-12 50 Yd Fly	65
66	10&U Mixed 100 Yd Breast	66
67	11-12 Mixed 200 Yd Breast	67
68	10&U 100 Yd IM	69
70	11-12 100 Yd IM	71
72	10&U Mixed 200 Yd Free Relay	72
73	12&U Mixed 200 Yd Free Relay	73

J-HAWK SUMMER CLASSIC
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Team Name: _____

Team Code: _____

LAST NAME		AGE	EVENT	EVENT	EVENT	EVENT	EVENT	EVENT
FIRST NAME	USS	F/M	TIME	TIME	TIME	TIME	TIME	TIME
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

11. 8&U 100 Yd. M.R.	A	B	C	46. 10&U 200 M.R.	A	B	C
12. Senior 200 Yd M.R.	A	B	C	45. 12&U 200 M.R.	A	B	C
43. 8&U 100 Yd. F.R.	A	B	C	72. 10&U 200 F.R.	A	B	C
44. Senior 200 Yd F.R.	A	B	C	73. 12&U 200 F.R.	A	B	C

