

Green Bay Swim Club SubZero 2009
Friday & Saturday, January 16th and 17th, 2009

- Sponsored by: Green Bay Swim Club
- Approval: 2009-024WI
Swimmers must be USA or YMCA Registered
Non-Wisconsin Swim Clubs must bring current athlete and coaches USA registration
- Date: Friday & Saturday, January 16th and 17th 2009
- Place: Edison Middle School
442 Alpine Dr
Green Bay, WI 54302
- Facility: Six (6) Lane, 25 Yard, Back Stroke Flags, Non-Turbulence Lane dividers
Starting Depth – 6 feet with 34” blocks
Turn side depth 3’6”
Colorado Timing System with Back-up Stop Watches – two per lane
The Competition course has not been certified in accordance with 104.2.2(C).
Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard/Meter relays will start in the water.
- Meet Director: Bill Molling – 920 863-3746
- Entry Fees: \$3.00 per Swimmer “Splash Fee”
\$3.50 per Individual Event
\$10.00 per Relay
- Entry Limits: Swimmers are limited to 2 individual events on Friday and 4 individual events on Saturday. The number of heats of the 500 Free on Friday night may be limited if time becomes a factor.
Meet entries are limited to 1200 per day.
Swimmer age the day of the meet will determine age group.
Deck entries will be accepted in open lanes only, and must be made no later than 30 minutes prior to the start of the respective session.
There will be no deck registrations.
- HY-TEK File: A Hy-tek events file can be emailed to you by request or downloaded from the WI Swimming website. (Email dteske@new.rr.com)
- Mail Entries: Dan Teske
1445 Avondale Dr
Green Bay, WI 54313
Email to: dteske@new.rr.com
Send Entries on Hy-tek with a hard copy Back-up if available.
- Deadline: Entry Forms, Waiver, and check must be received by Dan Teske no later than **Wednesday January 7th, 2009.**
Checks should be made payable to Green Bay Swim Club

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Lost and Found: Swimmers are responsible for their own belongings. Lost and Found articles will be located at the awards table during the meet. After the meet call 920 498-8149.

First Aid Kit: Available during the meet in the pool office.

Schedule:

Friday

5:30 – 6:30 PM

Warm-Ups

6:00 PM

Timers Meeting and Coaches Meeting

6:35 PM

Meet Begins

Saturday

7:00 – 8:00 AM

Morning Session Warm-Ups

7:30 AM

Timers Meeting and Coaches Meeting

8:05 AM

Morning Session Begins

Afternoon Warm-ups will not begin before 11:30 AM and will last 1 hour.
Afternoon Session begins 12:30 (approximate)

Warm-Ups:

First 20 minutes circle swim all lanes

Next 20 minutes sprint lanes 3, 4, and 5. Circle swim lanes 1, 2 and 6.

Last 20 minutes sprint lanes 2, 3, 4, and 5. Circle swim lanes 1 and 6.

Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

Admission:

\$2.00 Adults (Under 12 – No Charge)

\$3.00 Heat Sheet

Meet Format:

Meet will be pre-seeded 8 & Under report to the Clerk of Course in the school gym. All other swimmers report to the blocks prior to the event.

Meet Officials:

Judy Felts, Susan Moran, Sandy Teske, Beth Pless, Jane Strebel, Sharon Anderson

Awards:

Individual Events: Medals 1st – 3rd, Ribbons 4th – 12th

Relays Ribbons 1st – 3rd

Awards must be picked up the days of the meet; no awards will be mailed.

Final Results:

Each team in the meet will receive a copy of the final results.

Disabled Swimmers:

Complete and submit with the appropriate WI Disabled Swimmer Form.

Food:

A variety of delicious food and ice cold refreshments are available for purchase in the concession area in the school cafeteria. All food and drinks must be consumed Outside the pool area.

CONDUCT: In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

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Order of Events

Friday January 16th

Warm-ups 5:30 – 6:30 PM Meet starts 6:35 PM

Girls	Event	Boys
1	Open 400 Free Relay	2
3	12 & Under 400 Free Relay	4
5	Open 200 Fly	6
7	12 & Under 100 Fly	8
9	Open 200 Breast	10
11	12 & Under 100 Breast	12
13	Open 400 Medley Relay	14
15	12 & Under 400 Medley Relay	16
17	Open 400 IM	18
19	12 & Under 200 IM	20

10 Minute in water break

21	Open 500 Free	22
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Saturday, January 17th Morning Session

Warm-ups 7:00 AM – 8:00 AM Meet will start at 8:05 AM

Girls	Event	Boys
23	8 & under 100 Medley relay	24
25	13 & 14 200 Medley Relay	26
27	Open 200 Medley Relay	28
29	8 & Under 25 Free	30
31	13 & 14 50 Free	32
33	Open 50 Free	34
35	8 & Under 100 IM	36
37	13 & 14 200 IM	38
39	Open 200 IM	40
41	8 & Under 25 Fly	42
43	13 & 14 100 Fly	44
45	Open 100 Fly	46
47	8 & Under 25 Back	48
49	13 & 14 100 Back	50
51	Open 100 Back	52
53	8 & Under 25 Breast	54
55	13 & 14 100 Breast	56
57	Open 100 Breast	58
59	8 & Under 50 Free	60
61	Open 200 Free	62
63	8 & Under 100 Free Relay	64
65	Open 200 Free Relay	66

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Saturday January 17th - Afternoon Session

Warm-ups will begin after Morning Session, but not before 11:30 AM and will last 1 hour

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
67	9 & 10 200 Medley Relay	68
69	11 & 12 200 Medley Relay	70
71	9 & 10 50 Free	72
73	11 & 12 50 Free	74
75	9 & 10 100 IM	76
77	11 & 12 100 IM	78
79	9 & 10 50 Fly	80
81	11 & 12 50 Fly	82
83	9 & 10 50 Back	84
85	11 & 12 50 Back	86
87	9 & 10 50 Breast	88
89	11 & 12 50 Breast	90
91	9 & 10 100 Free	92
93	11 & 12 100 Free	94
95	9 & 10 200 Free Relay	96
97	11 & 12 200 Free Relay	98

Directions to Edison Pool

Edison Middle School 442 Alpine Dr. Green Bay, WI

From South

Take I43 North to East Mason St. Exit Turn left onto East Mason

The first set of lights after the off ramps is Alpine Dr. Turn Right onto Alpine Dr.

Edison School is about 1 block past the 4 way stop sign. Turn into the parking lot just after the track and fields area. If you see the main entrance to the school you have gone too far.

From North

Take I43 South to East Mason St. Exit. Turn right onto East Mason

The first set of lights after the off ramps is Alpine Dr. Turn Right onto Alpine Dr.

Edison School is about 1 block past the 4 way stop sign. Turn into the parking lot just after the track and fields area. If you see the main entrance to the school you have gone too far.

**Green Bay Swim Club
2009 SubZero Swim Meet
Friday January 16 and Saturday January 17, 2009**

OFFICIAL ENTRY FORM-ALL MEET AND RELAY ENTRIES MUST BE SUBMITTED WITH THIS WAIVER.

NAME OF CLUB: _____ **USS ALPHA CODE:** _____
NUMBER OF:

_____ **SWIMMERS (SPLASH FEE) @ \$3.00** \$ _____

_____ **INDIVIDUAL EVENTS @\$3.50** \$ _____

_____ **RELAY EVENTS @\$10.00** \$ _____

Make checks payable to "Green Bay Swim Club"
TOTAL \$ _____

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USA-S, WI chapter of USA-S, Edison Middle School, Green Bay Swim Club, and its Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athlete(s) and eligible to compete in all events I/we have entered.

Signature of Club Official: _____ **Position:** _____

Address: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

Contact person regarding this entry: _____

E-Mail: _____ **Phone:** _____

Entries along with the signed waiver and fees must be received by **Wednesday January 7th, 2009**. Please make checks payable to "Green Bay Swim Club". See information sheet for entry limits and fee requirements. Deck entries will only be done as long as they don't result in additional heats. Fees will be refunded only if for unforeseen reasons this meet is cancelled.

**Mail all signed forms and fees to: Dan Teske
1445 Avondale Dr
Green Bay, WI 54313**