

FRST's HIGH POINT CLASSIC MEET - 2008

FOND DU LAC COMMUNITY CENTER

25 YARD POOL

Saturday, October 11, 2008

Sunday, October 12, 2008

APPROVED MEET

Sanction # 2008-231WI

- HOSTS:** Fond du Lac Recreation Swim Team
West Bend Swim Club
- LOCATION:** Fond du Lac Community Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536
- MEET DIRECTOR** Kris Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 338-6114
- MEET ENTRY CHAIR** Troy Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 689-2445 cell
Engstrom6@charter.net
- FACILITY:** Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9 to 5'0 pool depth at starting end. 4' pool depth at the non starting end. Balcony seating for 320.
- All events will start at the starting end, including 8 & under events. The 2nd and 4th swimmers in 8& under relay events will start in the water from the non –starting block end.
- TIMING:** Colorado electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stop watches.
- RULES:** Official 2008 Short Course USA-S Rules shall prevail for this meet. Age is as of October 11, 2008.
- SCHEDULE:** General warm-up 8:00 to 9:00 a.m. as follows: 8:00-8:35 circle swim all lanes with NO DIVING. (**Lane 1 is to be used for 6 & U and 8 & U swimmers only each morning.**) 8:35 - 9:00 one-way sprints with dive in lanes 4 - 6, circle swim in all other lanes. The afternoon session warm-ups will begin immediately following the morning session. They will not begin before 11:00 a.m. with the afternoon session not beginning before NOON. The morning warm-up procedure will be followed for the afternoon session. Sit and Slide entries from the starting end of the pool during warm-ups will be enforced.
- OFFICIALS:** Maurice Pheil, Karen Keil- Rosser, Ted Drewsen, Scott Krueger
- SEEDING:** This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. Staging assistance will be provided for 6 & U and 8 & U events.

- ENTRIES & ELIGIBILITY:** Individuals may enter 4 individual events per day plus one relay. Swimmers may enter only one relay per day. A team may enter an unlimited number of relays in any relay event. The meet is open to registered and non- registered swimmers. *Swimmers with special needs should be noted on your entry form. Your coach is also responsible for notifying the head official during warm-ups of any special needs of your swimmers.* Deck registrations will be accepted. To deck register, the swimmer must pay a surcharge of \$15. Deck entries may be accepted to fill open lanes in existing heats only at \$5 per Individual Event and \$15 per relay, plus \$3.00 Splash fee if necessary.
- ENTRY DEADLINE:** Entries should be received by the Meet Entry Chair by Thursday, October 2, 2008. No phone entries will be accepted. All entries must be accompanied with a check covering all team entries. Entries MUST be prepared on the enclosed entry form or generated from Hy-Tek Team Manager provided that the TM event #'s associate with the MM event #'s
Name the meet in TM: FRST HIGH POINT CLASSIC 2008
Entries may be sent via e mail to engstrom6@charter.net . A hard copy must be sent through the mail or email also so all entries can be double checked. This is an early meet so please check that all swimmers have USA-S memberships and are submitted to the LSC registration chair before the entry deadline.
- ENTRY FEES:** \$3.50 per Individual Events, \$12.00 per Relay. Splash fee of \$3.00 per individual.
- ADMISSIONS:** \$2.00 per spectator over 12. Heat sheets \$3.00.
- AWARDS:**
- | | |
|--------------|--|
| Relays | Ribbons 1 st - 6 th Place |
| Individuals: | Ribbons 1 st - 12 th |
| High Point: | Trophies 1 st - 3 rd for ages 6 &U, 7 &8, 9 &10, 11&12, 13 &14 & Sr.
Medals 4 th - 12 th for same age groupings |
| Team Points: | Trophies 1 st - 7 th |
- SCORING:** Standard scoring will apply to 16th place. Relays will have doubled score values.
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- FINAL RESULTS:** Results will be sent via e-mail shortly after the meet. One copy of the meet results will also be sent to each team if requested. Additional copies may be ordered for \$10.00 at the Admissions table.
- FOOD:** A variety of food items and drinks will be available in the Aquatic Center Lobby.
- CONDUCT:** Each team is responsible for the behavior of their swimmers. In accordance with the Federal Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in locker rooms is prohibited.

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ORDER OF EVENTS

MORNING SESSION:

Warm-ups 8:00 a.m.; Meet starts 9:05 a.m.

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8 & U 100 Free Relay	2
3	10 & under 200 Free Relay	4
5	6 & U 25 Breast	6
7	7 & 8 50 Breast	8
9	9 & 10 100 Breast	10
11	6 & U 25 Fly	12
13	7 & 8 25 Fly	14
15	9 & 10 50 Fly	16
17	6 & U 50 Back	18
19	7 & 8 50 Back	20
21	9 & 10 100 Back	22
23	6 & U 25 Free	24
25	7 & 8 25 Free	26
27	9 & 10 50 Free	28
29	7 & 8 100 I.M.	30
31	9 & 10 200 I.M.	32

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

33	12 & under 200 Free Relay	34
35	Senior 200 Free Relay	36
37	11 & 12 50 Free	38
39	13 & 14 50 Free	40
41	Senior 50 Free	42
43	11 & 12 200 Breast	44
45	13 & 14 200 Breast	46
47	Senior 200 Breast	48
49	11 & 12 50 Back	50
51	13 & 14 100 Back	52
53	Senior 100 Back	54
55	11 & 12 400 I.M.	56
57	13 & 14 400 I.M.	58
59	Senior 400 I.M.	60
61	11 & 12 200 Free	62
63	13 & 14 200 Free	64
65	Senior 200 Free	66

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<u>Girls</u>		<u>Events</u>	<u>Boys</u>
67	8 & U	100 Medley Relay	68
69	10 & U	200 Medley Relay	70
71	6 & U	50 Free	72
73	7 & 8	50 Free	74
75	9 & 10	100 Free	76
77	6 & U	25 Back	78
79	7 & 8	25 Back	80
81	9 & 10	50 Back	82
83	7 & 8	50 Fly	84
85	9 & 10	100 Fly	86
87	7 & 8	25 Breast	88
89	9 & 10	50 Breast	90
91	6 & U	100 Free	92
93	7 & 8	100 Free	94
95	9 & 10	200 Free	96

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

97	12 & U	200 Medley Relay	98
99	Senior	200 Medley Relay	100
101	11 & 12	100 Free	102
103	13 & 14	100 Free	104
105	Senior	100 Free	106
107	11 & 12	100 Fly	108
109	13 & 14	200 Fly	110
111	Senior	200 Fly	112
113	11 & 12	100 Back	114
115	13 & 14	200 Back	116
117	Senior	200 Back	118
119	11 & 12	50 Breast	120
121	13 & 14	100 Breast	122
123	Senior	100 Breast	124
125	11 & 12	500 Free	126
127	13 & 14	500 Free	128
129	Senior	500 Free	130

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USA-S), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Recreation Swim Team and the West Bend Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet.

CLUB NAME: _____ CLUB ALPHA CODE: _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____

Zip Code: _____

E-mail: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name, Phone number and E-mail of person to contact regarding this entry form:

Name: _____ Phone: _____

E-mail: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$3.50 ea. = \$_____

Number of Relay Entries: _____ X \$12.00. ea. =\$_____

Number of Individual Swimmers entered: _____ X \$3.00 ea. = \$_____

Total Entry Fee: Check # _____

Make checks payable to Fond du Lac Recreation Swim Team and mail with waiver & entry form to:

Kris Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 338-6114
Engstrom6@charter.net

ENTRIES DUE: October 2, 2008