

FRST's HIGH POINT CLASSIC MEET - 2005

FOND DU LAC COMMUNITY CENTER

25 YARD POOL

Saturday, October 15, 2005

Sunday, October 16, 2005

Sanction #2005 – 122 - WI

- SANCTION #:** 2005 – 122 - WI
- HOSTS:** Fond du Lac Recreation Swim Team
West Bend Swim Club
- LOCATION:** Fond du Lac Community Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536
- MEET DIRECTOR** Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
- MEET ENTRY CHAIR** Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
Parks58@charter.net
- FACILITY:** Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9 to 5'0 pool depth at starting end. Balcony seating for 320.
- TIMING:** Colorado electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stop watches.
- RULES:** Official 2005 Short Course USS Rules shall prevail for this meet. Swimmers must be registered USS swimmers. Age is as of October 15, 2004.
- SCHEDULE:** General warm-up 7:00 to 8:00 a.m. as follows: 7:00-7:30 circle swim all lanes with NO DIVINIG. (Lane 1 is for 6 & U and 8 & U swimmers only each morning.) 7:30 - 8:00 one-way sprints with dive in lanes 4 - 6, circle swim in all other lanes. The afternoon session warm-ups will not begin before 11:00 a.m. with the meet not beginning before NOON. The morning warm-up procedure will be followed for the afternoon session.
- OFFICIALS:** TBA
- SEEDING:** This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. Staging assistance will be provided for 6 & U and 8 & U events.

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ENTRIES & ELIGIBILITY:

Individuals may enter 4 individual events per day plus relays. Six and under swimmers may enter only two relays per day. A team may enter an unlimited number of relays in any relay event.

All swimmers must be registered USS. Ages are as of October 15, 2005.

Swimmers with special needs should be noted on your entry form. Your coach is also responsible for notifying the head official during warm-ups of any special needs of your swimmers.

Deck registrations will be accepted. To deck register, the swimmer must pay the annual USS registration fee of \$47 plus a surcharge of \$15. Deck entries may be accepted to fill open lanes in existing heats only at \$5 per Individual Event and \$10

per relay, plus \$2.00 Splash fee if necessary.

ENTRY DEADLINE:

Entries should be received by the Meet Entry Chairman by Thursday, October 6, 2005.

No phone entries will be accepted.

All entries must be accompanied with a check covering all team entries.

Entries MUST be prepared on the enclosed entry form or generated from Hy-Tek Team Manager provided that the TM event #'s associate with the MM event #'s and a hardcopy of the TM entry is included. **Name the meet in TM: FRST**

HIGH POINT CLASSIC 2005

This is an early meet so please check that all swimmers have USS memberships and are submitted to the LSC registration chair before the entry deadline.

ENTRY FEES:

\$3.00 per Individual Events, \$8.00 per Relay. Splash fee of \$2.00 per individual.

ADMISSIONS:

\$2.00 per spectator over 12. Heat sheets \$3.00.

AWARDS:

Relays Ribbons 1st - 6th Place

Individuals: Ribbons 1st - 12th

High Point: Trophies 1st - 3rd for ages 6 &U, 7 &8, 9 &10, 11&12, 13 &14 & Sr.
Medals 4th - 12th for same age groupings

Team Points: Trophies 1st - 7th

SCORING:

12 place scoring will be used: 16 – 13 – 12 – 11 – 10 – 9 – 7 – 4 – 3 – 2 - 1

FINAL RESULTS:

One copy of the meet results will be sent to each team. Additional copies may be ordered for \$10.00 at the Admissions table.

FOOD:

A variety of food items and drinks will be available in the Aquatic Center Lobby.

CONDUCT:

Each team is responsible for the behavior of their swimmers.

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ORDER OF EVENTS

MORNING SESSION:

Warm-ups 7:00 a.m.; Meet starts 8:05 a.m.

| <u>Girls</u> | | <u>Events</u> | <u>Boys</u> |
|--------------|--------|----------------|-------------|
| 1 | 6 & U | 100 Free Relay | 2 |
| 3 | 7 & 8 | 100 Free Relay | 4 |
| 5 | 9 & 10 | 200 Free Relay | 6 |
| 7 | 6 & U | 25 Breast | 8 |
| 9 | 7 & 8 | 50 Breast | 10 |
| 11 | 9 & 10 | 100 Breast | 12 |
| 13 | 6 & U | 25 Fly | 14 |
| 15 | 7 & 8 | 25 Fly | 16 |
| 17 | 9 & 10 | 50 Fly | 18 |
| 19 | 6 & U | 50 Back | 20 |
| 21 | 7 & 8 | 50 Back | 22 |
| 23 | 9 & 10 | 100 Back | 24 |
| 25 | 6 & U | 25 Free | 26 |
| 27 | 7 & 8 | 25 Free | 28 |
| 29 | 9 & 10 | 50 Free | 30 |
| 31 | 7 & 8 | 100 I.M. | 32 |
| 33 | 9 & 10 | 200 I.M. | 34 |

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

| | | | |
|----|---------|----------------|----|
| 35 | 11 & 12 | 200 Free Relay | 36 |
| 37 | 13 & 14 | 200 Free Relay | 38 |
| 39 | Senior | 200 Free Relay | 40 |
| 41 | 11 & 12 | 50 Free | 42 |
| 43 | 13 & 14 | 50 Free | 44 |
| 45 | Senior | 50 Free | 46 |
| 47 | 11 & 12 | 200 Breast | 48 |
| 49 | 13 & 14 | 200 Breast | 50 |
| 51 | Senior | 200 Breast | 52 |
| 53 | 11 & 12 | 50 Back | 54 |
| 55 | 13 & 14 | 100 Back | 56 |
| 57 | Senior | 100 Back | 58 |
| 59 | 11 & 12 | 400 I.M. | 60 |
| 61 | 13 & 14 | 400 I.M. | 62 |
| 63 | Senior | 400 I.M. | 64 |
| 65 | 11 & 12 | 200 Free | 66 |
| 67 | 13 & 14 | 200 Free | 68 |
| 69 | Senior | 200 Free | 70 |

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MORNING SESSION:

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| <u>Girls</u> | | <u>Events</u> | <u>Boys</u> |
|--------------|--------|------------------|-------------|
| 71 | 6 & U | 100 Medley Relay | 72 |
| 73 | 7 & 8 | 100 Medley Relay | 74 |
| 75 | 9 & 10 | 200 Medley Relay | 76 |
| 77 | 6 & U | 50 Free | 78 |
| 79 | 7 & 8 | 50 Free | 80 |
| 81 | 9 & 10 | 100 Free | 82 |
| 83 | 6 & U | 25 Back | 84 |
| 85 | 7 & 8 | 25 Back | 86 |
| 87 | 9 & 10 | 50 Back | 88 |
| 89 | 7 & 8 | 50 Fly | 90 |
| 91 | 9 & 10 | 100 Fly | 92 |
| 93 | 7 & 8 | 25 Breast | 94 |
| 95 | 9 & 10 | 50 Breast | 96 |
| 97 | 6 & U | 100 Free | 98 |
| 99 | 7 & 8 | 100 Free | 100 |
| 101 | 9 & 10 | 200 Free | 102 |

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

| | | | |
|-----|---------|------------------|-----|
| 103 | 11 & 12 | 200 Medley Relay | 104 |
| 105 | 13 & 14 | 200 Medley Relay | 106 |
| 107 | Senior | 200 Medley Relay | 108 |
| 109 | 11 & 12 | 100 Free | 110 |
| 111 | 13 & 14 | 100 Free | 112 |
| 113 | Senior | 100 Free | 114 |
| 115 | 11 & 12 | 100 Fly | 116 |
| 117 | 13 & 14 | 200 Fly | 118 |
| 119 | Senior | 200 Fly | 120 |
| 121 | 11 & 12 | 100 Back | 122 |
| 123 | 13 & 14 | 200 Back | 124 |
| 125 | Senior | 200 Back | 126 |
| 127 | 11 & 12 | 50 Breast | 128 |
| 129 | 13 & 14 | 100 Breast | 130 |
| 131 | Senior | 100 Breast | 132 |
| 133 | 11 & 12 | 500 Free | 134 |
| 135 | 13 & 14 | 500 Free | 136 |
| 137 | Senior | 500 Free | 138 |

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USS), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Recreation Swim Team and the West Bend Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USS swimmers and eligible to compete in all events I/we have entered.

CLUB NAME: _____ CLUB ALPHA CODE: _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____

Zip Code: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name, Phone number and E-mail of person to contact regarding this entry form:

Name: _____ Phone: _____

E-mail: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$3.00 ea. = \$ _____

Number of Relay Entries: _____ X \$8.00 ea. = \$ _____

Number of Individual Swimmers entered: _____ X \$2.00 ea. = \$ _____

Total Entry Fee: Check # _____

Make checks payable to Fond du Lac Recreation Swim Team and mail with waiver & entry form to:

Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
Parks58@charter.net

ENTRIES DUE: October 6, 2005

