

FRST's 10th ANNUAL FALL FUN MEET - 2004

FOND DU LAC COMMUNITY CENTER

25 YARD POOL

Saturday, October 16, 2004

Sunday, October 17, 2004

- SANCTION #:** 2004-122WI
- HOSTS:** Fond du Lac Recreation Swim Team
West Bend Swim Club
- LOCATION:** Fond du Lac Community Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536
- MEET DIRECTOR:** Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
- MEET ENTRY CHAIR:** Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
Parks58@charter.net
- FACILITY:** Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9 to 5'0 pool depth at starting end. Balcony seating for 320.
- TIMING:** Colorado electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stop watches.
- RULES:** Official 2004 Short Course USS Rules shall prevail for this meet. Swimmers must be registered USS swimmers. Age is as of October 16, 2004.
- SCHEDULE:** General warm-up 7:00 to 8:00 a.m. as follows: 7:00-7:30 circle swim all lanes with NO DIVINIG. (Lane 1 is for 6 & U and 8 & U swimmers only each morning.) 7:30 - 8:00 one-way sprints with dive in lanes 4 - 6, circle swim in all other lanes. The afternoon session warm-ups will not begin before 11:00 a.m. with the meet not beginning before NOON. The morning warm-up procedure will be followed for the afternoon session.
- OFFICIALS:** Al Brink, Brian Dyer, Melissa Kotarek, Kevin Champeau, Doug Schalla
- CLASSES & SEEDING:** A-BB+B-C classification will be used for 10 & U, 11 & 12 and 13 & 14 age groups. The 6 & U, 8 & U and Senior swimmers will be A-B-C combined. All age groups will be A-B-C combined. All events will be pre-seeded. Staging will be done for 6 & U and 8 & U only. All other swimmers should report to their starting blocks for their scheduled event and heat. All classes will swim together according to age and sex. All relays will be A-B-C combined.

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ENTRIES & ELIGIBILITY:

Individuals may enter 4 individual events per day plus relays.

A team may enter an unlimited number of relays in any relay event.

All swimmers must be registered USS. Ages are as of October 15, 2004.

Swimmers with special needs should be noted on your entry form. Your coach is also responsible for notifying the head official during warmups of any special needs of your swimmers.

Deck registrations will be accepted. To deck register, the swimmer must pay the annual USS registration fee of \$45 plus a surcharge of \$15. Deck entries may be accepted to fill open lanes in existing heats only at \$3 per Individual Event and \$8 per Relay, plus \$2.00 Splash fee if necessary.

ENTRY DEADLINE:

Entries should be received by the Meet Entry Chairman by Thursday, October 7, 2004.

No phone entries will be accepted.

All entries must be accompanied with a check covering all team entries.

Entries MUST be prepared on the enclosed entry form or generated from Hy-Tek Team Manager provided that the TM event #'s associate with the MM event #'s and a hardcopy of the TM entry is included. Name the meet in TM: FRST FALL FUN 01

This is an early meet so please check that all swimmers have USS memberships and are submitted to the LSC registration chair before the entry deadline.

ENTRY FEES:

\$3.00 per Individual Events, \$8.00 per Relay. Splash fee of \$2.00 per individual.

ADMISSIONS:

\$2.00 per spectator over 12. Heat sheets \$3.00.

AWARDS:

Relays Ribbons: 1st - 6th Place

Individuals Medals: 1st - 3rd Place

Ribbons: 4th - 12th Place

Achiever medals for "B" and "C" swimmers achieving "BB" or better times and for "BB" swimmers achieving "A" times.

FINAL RESULTS:

One copy of the meet results will be sent to each team. Individuals may purchase results for \$5.00 at the Admissions table.

FOOD:

A variety of food items and drinks will be available in the Aquatic Center Lobby.

CONDUCT:

Each team is responsible for the behavior of their swimmers. The Meet Director or Meet Marshal may remove any swimmer from competition for disruptive or disorderly behavior.

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Saturday, October 16, 2003

Sanction #2204-122WI

ORDER OF EVENTS

MORNING SESSION:

Warm-ups 7:00 a.m.; Meet starts 8:05 a.m.

<u>Girls</u>		<u>Events</u>	<u>Boys</u>
1	6 & U	100 Free Relay	2
3	8 & U	100 Free Relay	4
5	10 & U	200 Free Relay	6
7	6 & U	25 Breast	8
9	8 & U	50 Breast	10
11	10 & U	100 Breast	12
13	6 & U	25 Fly	14
15	8 & U	25 Fly	16
17	10 & U	50 Fly	18
19	8 & U	50 Back	20
21	10 & U	100 Back	22
23	6 & U	25 Free	24
25	8 & U	25 Free	26
27	10 & U	50 Free	28
29	8 & U	100 I.M.	30
31	10 & U	200 I.M.	32

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

33	11 & 12	200 Free Relay	34
35	13 & 14	200 Free Relay	36
37	Senior	200 Free Relay	38
39	11 & 12	50 Free	40
41	13 & 14	50 Free	42
43	Senior	50 Free	44
45	11 & 12	200 Breast	46
47	13 & 14	200 Breast	48
49	Senior	200 Breast	50
51	11 & 12	50 Back	52
53	13 & 14	100 Back	54
55	Senior	100 Back	56
57	11 & 12	200 I.M.	58
59	13 & 14	400 I.M.	60
61	Senior	400 I.M.	62
63	11 & 12	200 Free	64
65	13 & 14	200 Free	66
67	Senior	200 Free	68

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Sanction #

ORDER OF EVENTS

MORNING SESSION:

Warm-ups 7:00 a.m.; Meet starts 8:05 a.m.

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
69	6 & U 100 Medley Relay	70
71	8 & U 100 Medley Relay	72
73	10 & U 200 Medley Relay	74
75	8 & U 50 Free	76
77	10 & U 100 Free	78
79	6 & U 25 Back	80
81	8 & U 25 Back	82
83	10 & U 50 Back	84
85	8 & U 50 Fly	86
87	10 & U 100 Fly	88
89	8 & U 25 Breast	90
91	10 & U 50 Breast	92
93	6 & U 50 Free	94
95	8 & U 100 Free	96
97	10 & U 200 Free	98

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

99	11 & 12 200 Medley Relay	100
101	13 & 14 200 Medley Relay	102
103	Senior 200 Medley Relay	104
105	11 & 12 100 Free	106
107	13 & 14 100 Free	108
109	Senior 100 Free	110
111	11 & 12 100 Fly	112
113	13 & 14 200 Fly	114
115	Senior 200 Fly	116
117	11 & 12 100 Back	118
119	13 & 14 200 Back	120
121	Senior 200 Back	122
123	11 & 12 50 Breast	124
125	13 & 14 100 Breast	126
127	Senior 100 Breast	128
129	11 & 12 500 Free	130
131	13 & 14 500 Free	132
133	Senior 500 Free	134

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USS), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Recreation Swim Team and the West Bend Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USS swimmers and eligible to compete in all events I/we have entered.

CLUB NAME: _____ CLUB ALPHA CODE: _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____

Zip Code: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name and Phone number of person to contact regarding this entry form:

Name: _____ Phone: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$3.00 ea. = \$ _____

Number of Relay Entries: _____ X \$8.00 ea. = \$ _____

Number of Individual Swimmers entered: _____ X \$1.25 ea. = \$ _____

Total Entry Fee: Check # _____

Make checks payable to Fond du Lac Recreation Swim Team and mail with waiver & entry form to:

Rick Parks
1941 Frontier Court
West Bend, WI 53095 (262) 306-8050
Parks58@charter.net

ENTRIES DUE: October 7, 2004