

2FRST FROZEN FUN MEET
FOND DU LAC COMMUNITY CENTER
25 YARD POOL
JANUARY 17, 2004

SANCTION #: 2004-021

HOSTS: Fond du Lac Recreation Swim Team (FRST)

LOCATION: Fond du Lac Community Aquatic Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536

MEET DIRECTOR: Jamie Maleck
100 West 9th Street
Fond du Lac, WI 54935

MEET ENTRY CHAIRMAN: Jamie Maleck
100 West 9th Street
Fond du Lac, WI 54935
maleckj@fonddulac.k12.wi.us

FACILITY: Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9 to 5'0 pool depth at starting end. Balcony seating for 320.

TIMING: Colorado electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stopwatches.

RULES: Official 2003 Short Course USS Rules shall prevail for this meet. Swimmers must be registered USS Swimmer. Age as of January 17, 2004

SCHEDULE: General warm up 7:00 to 8:00 am as follows: 7:00-7:30 circle swim all lanes with NO DIVING (lanes 1 & 2 are for 8 & U swimmers only). From 7:30 to 8:00 one way sprints with dive in lanes 4-6, circle swim in all other lanes. Afternoon session warm-ups will not begin before 11:00 am with the meet not beginning before noon.

OFFICIALS: Al Brink, Melissa Kotarek, and Doug Schalla

CLASSES & SEEDING: A-B-C combined classification will be used for 8 & U, 9 & 10, 11 & 12, 13 & 14 and Senior age groups. All events will be pre-seeded. All swimmers should report to their starting blocks for their scheduled event and heat (no staging). All classes will swim together according to age and sex. All relays will be A-B-C combined.

ENTRIES & ELIGIBILITY:

- Individuals may enter 4 individual events per day plus relays
- A team may enter an unlimited number of relays in any relay event
- All swimmers must be registered USS. Ages are as of January 17, 2004
- Swimmers with special needs should be noted on your entry form. Your coach is also responsible for notifying the head official during warm-ups of any special needs of your swimmers.
- Deck registrations will be accepted. To deck register the swimmer must pay the annual USA registration fee of \$46 plus a surcharge of \$15. Deck entries may be accepted to fill open lanes in existing heats only

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- ENTRY DEADLINE:
- THE Meet Entry Chairman SHOULD Receive ENTRIES by Thursday, January 9, 2004.
 - No phone entries will be accepted.
 - All entries must be accompanied with a check covering all team entries.
 - Entries MUST be prepared on the enclosed entry form or generated from Hy-Tek Team Manager provided that the TM event #'s associate with the MM event #'s and a Hardcopy of the TM entry is included. Name the meet in TM: FRST JAN 2004 Please check that all swimmers have USA memberships and are submitted to the LSC registration chair before the entry deadline.
- ENTRY FEES \$3.00 per Individual Events, \$8.00 per Relay. Splash fee of \$1.25 per individual.
- ADMISSIONS: \$2.00 per spectator over 12. Heat sheets \$3.00.
- AWARDS:
- Relays Ribbons: 1st - 6th Place
Individuals Medals 1st - 3rd place and Ribbons: 4th - 12th Place
- FINAL RESULTS: One copy of the meet results will be sent to each team. Individuals may purchase results for \$5.00 at the Admissions table.
- FOOD: A variety of food items and drinks will be available in the School Cafeteria.
- CONDUCT: Each team is responsible for the behavior of their swimmers. The Meet Director or Meet Marshal may remove any swimmer from competition for disruptive or disorderly behavior.

FRST FROZEN FUN MEET
 Fond du Lac Community Aquatic Center
 Saturday, January 17, 2004

NAME: _____

ORDER OF EVENTS
 MORNING SESSION WARM UPS AT 7:00 A.M.

| GIRLS | EVENT | BOYS |
|--------------|--------------------------|-------------|
| 1 | Senior 200 Medley Relay | 2 |
| 3 | 13 & 14 200 Medley Relay | 4 |
| 5 | 8 & U 100 Medley Relay | 6 |
| 7 | Senior 50 Free | 8 |
| 9 | 13 & 14 50 Free | 10 |
| 11 | 8 & U 50 Free | 12 |
| 13 | Senior 200 IM | 14 |
| 15 | 13 & 14 200 IM | 16 |
| 17 | 8 & U 100 IM | 18 |
| 19 | Senior 100 Fly | 20 |
| 21 | 13 & 14 100 Fly | 22 |
| 23 | 8 & U 25 Fly | 24 |
| 25 | Senior 200 Back | 26 |
| 27 | 13 & 14 200 Back | 28 |
| 29 | 8 & U 50 Back | 30 |
| 31 | Senior 100 Breast | 32 |
| 33 | 13 & 14 100 Breast | 34 |
| 35 | 8 & U 25 Breast | 36 |
| 37 | Senior 200 Free Relay | 38 |
| 39 | 13 & 14 200 Free Relay | 40 |
| 41 | 8 & U 100 Free Relay | 42 |
| 43 | Senior 500 Free | 44 |
| 45 | 13 & 14 500 Free | 46 |

AFTERNOON SESSION
 WARM-UPS WILL NOT START BEFORE 11:00 A.M.

| | | |
|----|--------------------------|----|
| 47 | 9 & 10 200 Medley Relay | 48 |
| 49 | 11 & 12 200 Medley Relay | 50 |
| 51 | 9 & 10 50 Free | 52 |
| 53 | 11 & 12 50 Free | 54 |
| 55 | 9 & 10 100 IM | 56 |
| 57 | 11 & 12 100 IM | 58 |
| 59 | 9 & 10 100 Fly | 60 |
| 61 | 11 & 12 100 Fly | 62 |
| 63 | 9 & 10 100 Back | 64 |
| 65 | 11 & 12 200 Back | 66 |
| 67 | 9 & 10 50 Breast | 68 |
| 69 | 11 & 12 50 Breast | 70 |
| 71 | 9 & 10 200 Free | 72 |
| 73 | 11 & 12 200 Free | 74 |
| 75 | 9 & 10 200 Free Relay | 76 |
| 77 | 11 & 12 200 Free Relay | 78 |

The End

FRST FROZEN FUN MEET JANUARY 17, 2004
RELAY ENTRY FORM

TEAM _____

ENTRY CONTACT PERSON _____ PHONE _____

| AGE GROUP | EVENT | EVENT NO. | TEAM A | TEAM B | TEAM C |
|-----------|------------------------|-----------|--------|--------|--------|
| Senior | Girls 200 Medley Relay | 1 | | | |
| Senior | Girls 200 Free Relay | 37 | | | |
| Senior | Boys 200 Medley Relay | 2 | | | |
| Senior | Boys 200 Free Relay | 38 | | | |
| 13 & 14 | Girls 200 Medley Relay | 3 | | | |
| 13 & 14 | Girls 200 Free Relay | 39 | | | |
| 13 & 14 | Boys 200 Medley Relay | 4 | | | |
| 13 & 14 | Boys 200 Free Relay | 40 | | | |
| 11 & 12 | Girls 200 Medley Relay | 49 | | | |
| 11 & 12 | Girls 200 Free Relay | 77 | | | |
| 11 & 12 | Boys 200 Medley Relay | 50 | | | |
| 11 & 12 | Boys 200 Free Relay | 78 | | | |
| 9 & 10 | Girls 200 Medley Relay | 47 | | | |
| 9 & 10 | Girls 200 Free Relay | 75 | | | |
| 9 & 10 | Boys 200 Medley Relay | 48 | | | |
| 9 & 10 | Boys 200 Free Relay | 76 | | | |
| 8 & U | Girls 100 Medley Relay | 5 | | | |
| 8 & U | Girls 100 Free Relay | 41 | | | |
| 8 & U | Boys 100 Medley Relay | 6 | | | |
| 8 & U | Boys 100 Free Relay | 42 | | | |

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USS), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Recreation Swim Team and their staff for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USS swimmers and eligible to compete in all events I/we have entered.

CLUB NAME: _____ **CLUB ALPHA CODE:** _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____

Zip Code: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name and Phone number of person to contact regarding this entry form:

Name: _____ Phone: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$3.00 ea. = \$ _____

Number of Relay Entries: _____ X \$8.00 ea. = \$ _____

Number of Individual Swimmers entered: _____ X \$1.25 ea. = \$ _____

Total Entry Fee: _____ Check #: _____ \$ _____

Make checks payable to **Fond du Lac Recreation Swim Team** and mail with waiver and entry form to:

Jamie Maleck
100 W. 9th Street
Fond du Lac, WI 54935

Entries due 09-Jan-03

