





Date:	July 6, 7 & 8 2007	Approval # 2007- 083WI	
Location:	Erb Park 1800 North Morrison Street Appleton, WI		
Host Teams:	Fox Cities YMCA Swim Team		
Facility:	•	with eight 9' wide lanes, non turbulent lane n 27" high starting platforms and 3' 3" depth	
Timing System:	Colorado timing system (pads at both ends) and HyTEK software will be used in addition to manual stopwatches using two timers per lane.		
Eligibility:	USA <u>and/or</u> YMCA swimmers are welcome to participate (YMCA swimmers are not required to be registered USA). USA swimmers must have current USA registration number on the entry form. Swimmer's age as of July 6, 2007 shall determine age group.		
Rules:	-	g course rules prevail for the meet. In the mmer must start in the water. <u>Fly over</u>	
Entry Deadline:	received no later than June 17 ^t order in which they are receive their entries will not be include	<u>elivered before June 8th and must be</u> <u>h, 2007.</u> Team entries will be entered in the ed. Teams will be notified by June 30 th if ed. Phone entries will not be accepted. <u>The</u> <u>encourage you to send entries on June 8!! E-</u> <u>2 AM on June 8th.</u>	
Entries:		<u>eximum of three (3) events per day and seven</u> plus relays. Coaches are encouraged to	

Entries:	Send completed entries to: Fox Cities Y Swim Team - Swim Team Coach 218 E. Lawrence Appleton, WI 54911
	Email address: ehirsbrunner@ymcafoxcites.org
Entry Fees:	\$2.00 splash fee, \$4.50 per individual event and \$14 per relay. Checks should be payable to: YMCA of the Fox Cities. All fees must accompany entries and are not refundable.
Meet Director:	Eric Hirsbrunner: Phone # (920) 954 7627
Awards:	Relays: Medals 1 st -3 rd , Ribbons 4 th -8 th . Individual events: Medals 1 st -8 th , Ribbons 9 th -16 th <u>All awards must be picked up at the meet.</u>
Officials:	Cindy Maltry, Steve Mayer, Mary Goggans, Greg and Melissa Christman, David Wardecke and others. Officials from other teams are welcome and should contact Dave Wardecke (DWardecke@appletoncoated.com) to volunteer.
Admission Fee:	Heat sheets cost is \$5. Family admission included with heat sheet.
Seed Times:	Submit most current achieved LONG COURSE METER or <u>converted</u> short course yard and meter times. To ensure appropriate swimmer seeding and maximum meet efficiency, <u>actual or estimated</u> seed times are required for all 200m and longer events. While proof of times is not required, accurate seed times are appreciated for the above reasons.
Disabled Swimmers:	Coaches are encouraged to inform officials or the meet director of any special needs for a swimmer during warm-ups or on meet entries. This information will help meet planners and officials prepare.
Deck Entries:	Deck entries will be allowed subject to Meet Director approval and only to fill empty lanes in an event. Deck entries must be accompanied by a cash payment of \$5 per individual event and \$15 per relay.
Conduct:	All clubs will be responsible for the conduct of their own swimmers. The Meet Director has the authority to disqualify swimmers found misbehaving. Only coaches, swimmers, officials and host meet workers are allowed on

	deck. Coaches must display USS or YMCA credentials at all times while on deck.
Weather Delays:	If weather delays are necessary we will make every attempt to complete all events. If it is necessary to cancel events, entry fees will not be refunded.
Concessions:	Food and drink will be available at the pavilion just north of the pool.

Time Schedule:

Friday Afternoon:	Warm-up 12:30	Meet starts at 1:30pm.
Friday Evening:	Warm-up 3 PM	Meet starts at 4 PM.
Saturday & Sunday:	Warm-up 7-8 A.M.	Meet starts at 8:05 A.M.

The Saturday & Sunday afternoon warm-ups will start as soon as the morning session has been completed (but not before 12 noon), with the start of the afternoon session being 60 minutes after the start of the warm-ups.

Warm-ups:

First 30 minutes: Circle swim all lanes. Last 30 minutes: Circle swim & Sprints Lane assignments will be in coach's packets.

Friday Afternoon				
Girls	Age Group	Event	Boys	
1	11-12	*400m Free	2	
3	13-14	*400m Free	4	
5	Senior	*400m Free	6	
	Fr	riday Evening		
7	13-14	200m Free	8	
9	Senior	200m Free	10	
11	11-12	200m Free	12	
13	13-14	50m Back	14	
15	Senior	50m Back	16	
17	9-10	200 m Free	18	
19	13-14	200m Fly	20	
21	Senior	200m Fly	22	
23	11-12	100m Fly	24	
25	13-14	50m Breast	26	
27	Senior	50m Breast	28	
29	9-10	100m Fly	30	
31	13-14	*400m IM	32	
33	Senior	*400m IM	34	
	Sat	urday Morning		
35	9-10	200m Medley Relay	36	
37	11-12	200m Medley Relay	38	
39	9-10	100m Breast	40	
41	11-12	100m Breast	42	
43	9-10	50m Back	44	
45	11-12	50m Back	46	
47	9-10	100m Free	48	
49	11-12	100m Free	50	
51	9-10	50m Fly	52	
53	11-12	50m Fly	54	
Saturday Afternoon				
55	13-14	200m Medley Relay	56	
57	Senior	400m Medley Relay	58	
59	8 & Under	200m Medley Relay	60	
61	13-14	200m Breast	62	
63	Senior	200m Breast	64	
65	8 & Under	50m Breast	66	
67	13-14	50m Free	68	
69	Senior	50m Free	70	
71	8 & Under	50m Free	72	
73	13-14	100m Back	74	
75	Senior	100m Back	76	
77	13-14	100m Fly	78	
79	Senior	100m Fly	80	
81	Senior	*1500m Free	82	
Sunday Morning				
Girls	Age Group	Event	Boys	
83	9-10	200m Free Relay	84	
85	11-12	200m Free Relay	86	

87	9-10	200m IM	88
89	11-12	200m IM	90
91	9-10	50m Free	92
93	11-12	50m Free	94
95	9-10	100m Back	96
97	11-12	100m Back	98
99	9-10	50m Breast	100
101	11-12	50m Breast	102
	Sunday	, Afternoon	
Girls	Age Group	Event	Boys
103	8 & Under	200m Free Relay	104
105	13-14	200m Free Relay	106
107	Senior	400m Free Relay	108
109	8 & Under	100m Free	110
111	13-14	200m Back	112
113	Senior	200m Back	114
115	8 & Under	50m Fly	116
117	13-14	50m Fly	118
119	Senior	50m Fly	120
121	8 & Under	50m Back	122
123	13-14	100m Free	124
125	Senior	100m Free	126
127	13-14	100m Breast	128
129	Senior	100m Breast	130
131	13-14	200m IM	132
133	Senior	200m IM	134

*Swimmers are expected to provide two timers and also a counter in the 1500. Host teams may limit entries in 400m IM & 1500m Free events

2007 Bird Bath Meet Waiver Form

In consideration and acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc, the YMCA of the Fox Cities, the Fox Cities YMCA Swim Team, the City of Appleton, the Appleton Parks and Recreation Department and all other staff for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet.

	Signature of Club Official	
	Title	
Club Name and Abbreviation		
Club Address/City/State/Zip		
Coach/Team Rep. at Meet		
E-mail Address		
Contact/Phone # for Questions		

Meet Entries

Individual Entries_	 x \$4.50 = \$	
Relay Entries	 x \$14.00 = 3	\$
Splash Fee	 x \$2.00 = \$	

Subtotal \$_____

Checks should be made payable to: Fox Cities YMCA Swim Team Waiver and Payment should be sent or brought to the meet.

Mail entries to: YMCA of the Fox Cities Attn: Swim Team Head Coach 218 E. Lawrence St. Appleton, WI 54911