# 2006 Bird Bath 

Date:
July 7, 8 \& 9, 2006

Approval \# 2006-070WI
Erb Park
1800 North Morrison Street
Appleton, WI

## Fox Cities YMCA Swim Team

50 meter heated outdoor pool with eight 9 ' wide lanes, non turbulent lane dividers, $\mathbf{1 1}^{\prime}$ starting depth with 27 " high starting platforms and $\mathbf{3}^{\prime}$ 3 " depth at the shallow end.

Timing System: Colorado timing system (pads at both ends) and HyTEK software will be used in addition to manual stopwatches using two timers per lane.

Eligibility: USA and/or YMCA swimmers are welcome to participate (YMCA swimmers are not required to be registered USA). USA swimmers must have current USA registration number on the entry form. Swimmer's age as of July 7, 2006 shall determine age group.

USA Swimming \& Wisconsin long course rules prevail for the meet. In the 200 m relay, the $2^{\text {nd }}$ and $4^{\text {th }}$ swimmer must start in the water using hand to hand starts. Fly over starts will be used.

Swimmers may compete in a maximum of three (3) events per day and seven (7) events for the entire meet, plus relays. Coaches are encouraged to email zipped copies of entries.
\$2.00 splash fee, \$4.50 per individual event and \$14 per relay. Checks should be brought to the meet and payable to: YMCA of the Fox Cities.

Send completed entry forms \& waivers to:
Fox Cities Y Swim Team - Swim Team Coach
218 E. Lawrence
Appleton, WI 54911
Email address: ehirsbrunner@ymcafoxcites.org
Entry Deadline: Entries should not be sent or delivered before June $1^{\text {st }}$ and must be received no later than June $15^{\text {th }}$, 2006. Team entries will be entered in the order in which they are received. Teams will be notified by June $30^{\text {th }}$ if their entries will not be included. Phone entries will not be accepted. The meet is expected to fill, so we encourage you to send entries on June 1!! E-mailed entries can be sent at 12 AM on June $1^{\text {st }}$.

Meet Director: Eric Hirsbrunner: Phone \# (920) 954-7627

Relays: Medals $\mathbf{1}^{\text {st }}-3^{\text {rd }}$, Ribbons $4^{\text {th }}-8^{\text {th }}$. Individual events: Medals $1^{\text {st }}-8^{\text {th }}$, Ribbons $9^{\text {th }}-16^{\text {th }}$ All awards must be picked up at the meet.

## Officials:

Cindy Maltry, Steve Mayer, Dan Natali, Scott Hertting, Greg and Melissa Christman, Mary Goggans, David Wardecke and others TBD

Admission Fee: Heat sheets cost is $\mathbf{\$ 5}$. Family admission included with heat sheet.
Entry Seed Times: Submit most current achieved LONG COURSE METER or converted short course yard and meter times. To ensure appropriate swimmer seeding and maximum meet efficiency, actual or estimated seed times are required for all 200 m and longer events. While proof of times is not required, accurate seed times are appreciated for the above reasons.

Disabled Swimmers: Coaches are encouraged to inform officials or the meet director of any special needs for a swimmer during warm-ups or on meet entries. This information will help meet planners and officials prepare.

Deck Entries: Deck entries will be allowed subject to Meet Director approval and only to fill empty lanes in an event. Deck entries must be accompanied by a cash payment of $\$ 7$ per individual event and $\$ 20$ per relay.

Conduct: All clubs will be responsible for the conduct of their own swimmers. The Meet Director has the authority to disqualify swimmers found misbehaving. Only coaches, swimmers, officials and host meet workers are allowed on deck. Coaches must display USS or YMCA credentials at all times while on deck.

Weather Delays: If weather delays are necessary we will make every attempt to complete all events. If it is necessary to cancel events, entry fees will not be refunded.

Concessions: An outstanding menu of food and drink will be available at the pavilion just north of the pool.

Friday Afternoon

| Girls | Age Group | Event | Boys |
| :---: | :---: | :---: | :---: |
| 1 | 11-12 | *200m Back | 2 |
| 3 | 13-14 | * 400 m Free | 4 |
| 5 | Senior | * 400 m Free | 6 |
| Friday Evening |  |  |  |
| 7 | 13-14 | 200m Free | 8 |
| 9 | Senior | 200m Free | 10 |
| 11 | 11-12 | 200m Free | 12 |
| 13 | 13-14 | 50 m Back | 14 |
| 15 | Senior | 50m Back | 16 |
| 17 | 9-10 | 200 m Free | 18 |
| 19 | 13-14 | 200m Fly | 20 |
| 21 | Senior | 200m Fly | 22 |
| 23 | 11-12 | 100m Fly | 24 |
| 25 | 13-14 | 50 m Breast | 26 |
| 27 | Senior | 50 m Breast | 28 |
| 29 | 9-10 | 100m Fly | 30 |
| 31 | 13-14 | * 400 m IM | 32 |
| 33 | Senior | *400m IM | 34 |
| Saturday Morning |  |  |  |
| 35 | 9-10 | 200m Medley Relay | 36 |
| 37 | 11-12 | 200m Medley Relay | 38 |
| 39 | 9-10 | 100m Breast | 40 |
| 41 | 11-12 | 100m Breast | 42 |
| 43 | 9-10 | 50 m Back | 44 |
| 45 | 11-12 | 50 m Back | 46 |
| 47 | 9-10 | 100m Free | 48 |
| 49 | 11-12 | 100m Free | 50 |
| 51 | 9-10 | 50m Fly | 52 |
| 53 | 11-12 | 50m Fly | 54 |
| Saturday Afternoon |  |  |  |
| 55 | 13-14 | 200m Medley Relay | 56 |
| 57 | Senior | 400m Medley Relay | 58 |
| 59 | 8 \& Under | 200m Medley Relay | 60 |
| 61 | 13-14 | 200m Breast | 62 |
| 63 | Senior | 200 m Breast | 64 |
| 65 | 8 \& Under | 50 m Breast | 66 |
| 67 | 13-14 | 50m Free | 68 |
| 69 | Senior | 50m Free | 70 |
| 71 | 8 \& Under | 50m Free | 72 |
| 73 | 13-14 | 100m Back | 74 |
| 75 | Senior | 100m Back | 76 |
| 77 | 13-14 | 100m Fly | 78 |
| 79 | Senior | 100m Fly | 80 |
| 81 | Senior | *1500m Free | 82 |

## Time Schedule

Friday Afternoon: Warm-up 12:30 Meet 1:30. Friday Evening: Warm-up 3 PM Meet 4 PM.
Saturday and Sunday: Warm-up 7-8 A.M. Meet starts at 8:05 A.M. The afternoon warm-ups will start as soon as the morning session has been completed (but not before 12 noon), with the start of the afternoon session being 60 minutes after the start of the warm-ups.
Warm-ups
First 30 minutes: Circle swim all lanes.
Last 30 minutes: Circle swim \& Sprints
Lane assignments will be in coach's packets.
*Swimmers are expected to provide two timers. In the 1500 a counter is also needed. Entries may be limited and heats may be combined.

## Sunday Morning

| Girls | Age Group | Event | Boys |
| :---: | :---: | :---: | :---: |
| 83 | 9-10 | 200m Free Relay | 84 |
| 85 | 11-12 | 200m Free Relay | 86 |
| 87 | 9-10 | 200m IM | 88 |
| 89 | 11-12 | 200 m IM | 90 |
| 91 | 9-10 | 50 m Free | 92 |
| 93 | 11-12 | 50m Free | 94 |
| 95 | 9-10 | 100m Back | 96 |
| 97 | 11-12 | 100 m Back | 98 |
| 99 | 9-10 | 50 m Breast | 100 |
| 101 | 11-12 | 50m Breast | 102 |
| Sunday Afternoon |  |  |  |
| Girls | Age Group | Event | Boys |
| 103 | 8 \& Under | 200m Free Relay | 104 |
| 105 | 13-14 | 200m Free Relay | 106 |
| 107 | Senior | 400m Free Relay | 108 |
| 109 | 8 \& Under | 100m Free | 110 |
| 111 | 13-14 | 200 m Back | 112 |
| 113 | Senior | 200m Back | 114 |
| 115 | 8 \& Under | 50 mFly | 116 |
| 117 | 13-14 | 50 m Fly | 118 |
| 119 | Senior | 50 m Fly | 120 |
| 121 | 8 \& Under | 50 m Back | 122 |
| 123 | 13-14 | 100m Free | 124 |
| 125 | Senior | 100m Free | 126 |
| 127 | 13-14 | 100 m Breast | 128 |
| 129 | Senior | 100 m Breast | 130 |
| 131 | 13-14 | 200 m IM | 132 |
| 133 | Senior | 200 m IM | 134 |

