

FAST
FORT ATKINSON SUMMER PENTATHLON
SATURDAY, JUNE 15, 2002
SANCTION# 2002-75

HOSTED BY: Fort Atkinson Swim Team

LOCATION: Ft. Atkinson High School
925 Lexington Blvd.
Ft. Atkinson, WI 53538

POOL: The pool is **25 yards**, has eight lanes, a flush deck with starting blocks at a height of 30 inches, non-turbulent lane markers and a starting depth of 8 feet. A Colorado starting and timing system with 2 back-up watches will be used.

DESCRIPTION: Two session, Pentathalon, swimmers will swim 5 events and award places will be determined by the totaled times from all five events.
AM session - 8&U, 10&U
PM session - 11-12,13-14,15&O

**WARM-UP AND
MEET TIMES:**

AM Seession - (8&U, 10&U)
8:00-08:30 AM General warm-ups
8:30-09:00 AM Lanes 1,2 & 8 Circle swim
Lanes 3 & 7 Push/Pace
Lanes 4, 5 & 6 One way sprints.

PM Seession - (11-12,13-14,15&O)
Noon-12:30 PM General warm-ups
12:30-01:00 PM Lanes 1,2 & 8 Circle swim
Lanes 3 & 7 Push/Pace
Lanes 4, 5 & 6 One way sprints.

The meet starts at 9:15 AM June 15, 2002.

All swimmers must enter feet first during circle swims. A coach from your team must be on deck during warm-ups. Swimmers not following warm-up procedures may be disqualified at the discretion of the meet Marshall.

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MEET DIRECTOR: Brian Hancy
W8234 Stockbridge Ct.
Lake Mills, WI 53551
Home (920) 648-5990,
Work (608) 285-4530 or 1-800-253-8769 ex. 44530
E-mail: hancy@jefnet.com

OFFICIALS AND RULES: Janis Noonan, Pending, Pending.
Official USS Short Course Rules will be used for this meet.

ELIGIBILITY: All swimmers must be USS registered. Out of state swimmers must show their present USS cards to the Meet Marshall on the day of the meet. Ages as of June 15, 2002. **Swimmers must enter all five events** (free, back, breast, fly and IM) in his/her age group.

ENTRY DEADLINE, LIMITATIONS: All entries, waivers and fees must be received no later than **June 8, 2002**. Please do not send seed cards. **Entries sent via Hy-tek commlink disk are highly encouraged along with a hard copy. E-mail is also highly encouraged: hancy@jefnet.com** Entries will be **limited to 130 swimmers each session (260 total)**.

FEES: Entry fees are **\$16.25 per swimmer** (\$3/event + 1.25 splash fee). Entry fees are NON-REFUNDABLE. **Swimmers pay for all 5 events**, even if they do not intend on compete in 5 events. Make check payable to Fort Atkinson Swim Team.

AWARDS: **Trophies** will be given for 1st - 3rd place in each age group (for total time of all 5 events). ALL Swimmers who compete in the pentathlon, who do not receive a place trophy, will receive a participation award. Places will be determined by the totaled times from all five events. Any swimmer who scratches an event or is disqualified will not be eligible for the 1st - 3rd place trophies, but will be eligible for a participation award if they swim one event or individual event ribbons. **Individual ribbons** for individual events places 1-8 in age groups.

AGE GROUPS: Swimmers will swim in heats grouped as 8&U, 9-10, 11-12, 13-14, 15&O, however, awards will be broken out into age groups 7&U,8,9,10,11,12,13,14,15&O.

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SEEDING: Regular event seeding. **All deck seeding will stop at 8:45 AM**
(30 minutes before the start of the meet).

GENERAL MEET INFORMATION:

One copy of meet results will be mailed to all teams. Additional copies will be available for \$5.00. If you are entering an adaptive swimmer, please notify the meet referee prior to the start of the meet. Each club will be responsible for the conduct of its swimmers. If in the opinion of the Meet Director or Marshall, a swimmer's or a spectator's conduct is harmful or disruptive, he/she will be asked to leave.

NO SMOKING IS ALLOWED.

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ORDER OF EVENTS

GIRLS

1
3
5
7
9
11
13
15
17
19

AM SESSION

8 & U 25 FLY
10& U 50 FLY
8 & U 25 BACK
10& U 50 BACK
8 & U 100 IM
10& U 100 IM
8 & U 25 BREAST
10& U 50 BREAST
8 & U 25 FREE
10& U 50 FREE

BOYS

2
4
6
8
10
12
14
16
18
20

PM SESSION

21
23
25
27
29
31
33
35
37
39
41
43
45
47
49

11-12 50 FLY
13-14 100 FLY
15 & O 100 FLY
11-12 50 BACK
13-14 100 BACK
15 & O 100 BACK
11-12 100 IM
13-14 200 IM
15 & O 200 IM
11-12 50 BREAST
13-14 100 BREAST
15 & O 100 BREAST
11-12 50 FREE
13-14 50 FREE
15 & O 50 FREE

22
24
26
28
30
32
34
36
38
40
42
44
46
48
50

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WAIVER

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USS, Ft. Atkinson High School, Ft. Atkinson School District, Ft. Atkinson Swim Team (FAST), FAST board members, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to/from this meet. I/we have entered.

Signature of the Club Official, Parent or Guardian: _____

Position: _____

Phone Number: _____

Contact Person if different than above: _____

Phone Number: _____

Team Name and Abbreviation: _____

Coach's Name: _____

Phone Number: _____

Name and Address for sending Final Results:

Name: _____

Address: _____

City/State/Zip: _____