MEET DATE: Saturday, October 11, 2008

AM Session:

Warm-ups: 7:00 am - 8:00 am

First Event: 8:15 am

PM Session: Will begin immediately after the AM session, but not

before 11:00 am

Warm-ups: One Hour

First Event: After the end of PM warm-ups

LOCATION: DeForest High School

815 Jefferson St.

DeForest, Wisconsin 53532

FACILITY: Indoor 25 yard pool with six 7' lanes, non-turbulent lane markers, backstroke

flags, 30" Paragon quick start slanted starting blocks, guttered pool. Pool depth is

10' at the starting block end and 3 ½' at the opposite end.

Note: All 25 yard events will start off blocks, but for 100 yard relays 2nd and 4th

swimmers will start in water.

TIMING: All events (with the exception of 25-yard races) will be timed using a Daktronics

Timing System with Strobe/Horn Start, Touch pads, one button, and 2 watches as

backup. All 25-yard races will be timed with 2 electronic stop watches. All

events will be timed finals.

OFFICIAL RULES: 2008 USA and Wisconsin Swimming Rules shall govern this meet. Relays: First

and last names of competing swimmers and order of swimming must be listed on

relay card along with age, prior to swimming the relay. No Recall Starts.

WARM-UPS: The first 30 minutes of each warm-up session is circle swimming only, no diving

from the starting blocks. The next 30 minutes: Lanes 2, 3, 4, and 5 sprints (one directional swimming from starting end only, diving from the blocks permitted). Lanes 1 and 6 circle swimming. Meet Marshals will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

Sit and Slide entries from the starting end of the pool during general warm-

ups will be enforced for all sanctioned/approved competition.

ENTRIES: Completed entry forms, signed waiver, and fees must be received by Friday,

October 3, 2008. Preferred method of entry is by diskette in HY-TEK

COMMLINK format. You can download a meet setup file (zipped) from the WI web site. Current USA Swimming ID number MUST be included on the entry form. All deck entries must be able to prove USA Swimming membership. Out

of state swimmers must show their current USA Swimming card prior to

swimming.

MEET DIRECTOR: Patrick Killian

709 Brook Street De Forest, WI 53532 Home (608) 846-2952 Pat.killian@gmail.com

DISABLED ATHLETES: Please indicate on the entry form any special needs by a swimmer.

ENTRY LIMIT: Only the first 1200 individual entries will be accepted. Entries not accepted will

be notified by phone as soon as possible. SWIMMERS ARE LIMITED TO

FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS.

AGE GROUPS: 8&U, 10&U, 11-12, 13-14, Senior (Age as of 10/11/08)

ENTRY FEE: Individual Events: \$3.00

Relays: \$12.00 Splash Fee \$3.00

AWARDS: Awards for relay events will consist of ribbons for 1st-6th places. Awards for

individual events will consist of ribbons for 1st-12th places. Awards will be given for 8 & U, and 9-10 in the AM session, and 12 and under, 13-14, and Open in the PM session. Individual swimmers must claim their own awards. Heat winners for 8&U and 10&U events will receive a reward. Group distribution of awards to

coaches will be permitted. Awards will not be mailed.

FINAL RESULTS: One copy of the Meet's final results will be sent to each teams designated

recipient. Additional copies may be ordered at \$5.00 per copy.

SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO

BE AT THE BLOCKS AT THE START OF HIS/HER EVENT(S). Staging

assistance will be provided for 8&U events.

DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A

\$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:00 am for the AM Session and 30 minutes before the PM Session starts. Swimmers unable to prove USA Swimming membership will be charged a deck-

registration fee of \$47.

Coaches' packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA

Swimming membership at all times.

ADMISSION: Heat Sheets - \$3.00 each; Admission - \$3.00 for 18 and older.

CONCESSIONS: A large selection of food will be available at reasonable prices throughout the day.

MEET CONDUCT: In accordance with USA Swimming rules, NO SPECTATORS ARE ALLOWED

ON THE POOL DECK. In accordance with the Federal Video Voyeurism

Prevention Act of 2004 – the use of camera phones or video recording devices in

the locker rooms is prohibited.

OFFICIALS: Starter/Referees Rick Potter

Stroke & Turn Rodrigo Tarte

LIST OF EVENTS

(Warm-ups 7-8 AM. Meet starts at 8:00 AM)

Girls	Age	Event	Boys
1	10&U	100 Individual Medley	2
3	10&U	200 Individual Medley	4
Five Minute	Optional Break	•	
5	8&U	100 Medley Relay	6
7	10&U	100 Medley Relay	8
Five Minute	Optional Break		
9	10&U	25 Free	10
11	10&U	50 Free	12
13	10&U	100 Free	14
15	10&U	25 Breast	16
17	10 &U	50 Breast	18
19	10 &U	100 Breast	20
21	10 &U	25 Back	22
23	10&U	50 Back	24
25	10&U	100 Back	26
27	10&U	25 Fly	28
29	10&U	50 Fly	
31	10&U	100 Fly	32
Five Minute	Optional Break	•	
33	8&U	100 Freestyle Relay	34
35	10&U	100 Freestyle Relay	36
		-	

BREAK/WARM-UPS

(Warm-ups not before 11:00 am)

Girls	Age	Event	Boys	
37	Open	500 Free (limited to top 24 swimmers) 38		
Five Minute	Optional Break			
39	11-12	100 Medley Relay	40	
41	Open	100 Medley Relay	42	
Five Minute	Optional Break			
43	Open	50 Free 44		
45	Open	100 Free	46	
47	Open	200 Free	48	
49	Open	50 Breaststroke	50	
51	Open	100 Breaststroke	52	
53	Open	200 Breaststroke	54	
55	Open	100 Individual Medley	56	
57	Open	200 Individual Medley	58	
59	Open	400 Individual Medley	60	
61	Open	50 Back	62	
63	Open	100 Back	64	
65	Open	200 Back	66	
67	Open	50 Fly	68	
69	Open	100 Fly	70	
71	Open	200 Fly	72	
73	11-12	100 Free Relay	74	
75	Open	100 Free Relay 76		
Five Minute	Optional Break			
77	Open	1000 Free (limited to top 18 swimmers) 78		

Waiver

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with their heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, DeForest Aquatic Club, and the DeForest Area School District, and any other agents of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team	Official			
Team Name				
Team Abbreviation	n	- <u></u>		
Coach(es)				
Address for Final I	Results			
		City:	State: _	Zip:
Contact:	Name			
	Phone	()		
	Email			
		SUMMARY (OF ENTRY FEES	
Number of Individual Swims			x \$3.00 =	\$
Number of Swims Reserved			Reservation	\$
Balance Due for ac	dditional sw	ss)	\$	
EXCESS RE	SERVATION	ON MAY NOT BE A	APPLIED TOWAR	D RELAY & SPLASH FEES
Number of Swimmers			x \$3.00 =	\$
Number of Relay Swims			x \$12.00 =	\$
		Total Entry Fee Due\$		
Make Checks Pay Mail Entries and		eForest Aquatic Cl Patric	<u>ub</u> k Killian	

709 Brook Street De Forest, WI 53532 (608) 846-2952

ENTRIES MUST BE RECEIVED BY FRIDAY, OCTOBER 3, 2008