

DeForest Aquatic Club – SPRING LUAU Open
Sanction #2006-069WI
Saturday, May 20, 2006
A-BB-B-C

MEET DATE: Saturday, May 20, 2006

AM Session:

Warm-ups: 7:15 am – 8:15 am

First Event: 8:30 am

PM Session:

Will begin immediately after the AM session, but not before 11:00 am

Warm-ups: One Hour

First Event: After the end of PM warm-ups

LOCATION: DeForest High School
815 Jefferson St.
DeForest, Wisconsin 53532

FACILITY: Indoor 25 yard pool with six 7' lanes, non-turbulent lane markers, backstroke flags, 30" Paragon quick start slanted starting blocks, guttered pool. Pool depth is 10' at the starting block end and 3 ½' at the opposite end.

TIMING: **Colorado Timing System** with Strobe/Horn Start, Touch pads and manual backup timing buttons. Each lane will have 2 timers with electronic stop watches. All events will be timed finals.

OFFICIAL RULES: 2006 USA and Wisconsin Swimming Rules shall govern this meet. Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.

WARM-UPS: The first 30 minutes of each warm-up session is circle swimming only, no diving from the starting blocks. The next 30 minutes: Lanes 2, 3, 4, and 5 sprints (one directional swimming from starting end only, diving from the blocks permitted). Lanes 1 and 6 circle swimming. Meet Marshals will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

ENTRIES: Completed entry forms, signed waiver, and fees must be received by **Friday, May 12, 2006**. Preferred method of entry is by diskette in HY-TEK COMMLINK format. Diskettes MUST be accompanied by a hard-copy listing. Current USS ID number MUST be included on the entry form. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming.

MEET DIRECTOR: Margaret Powers
1925 Barrington Circle
Sun Prairie, WI 53590
Home (608) 825-7482
tmpow@charter.net

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DISABLED ATHLETES: Please indicate on the entry form any special needs by a swimmer.

ENTRY LIMIT: Only the first 1200 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. **SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS.**

AGE GROUPS: 7&U, 8, 9,10, 11,12, 13, 14 & Older (Age as of 5/20/06)

ENTRY FEE: Individual Events: \$3.00
Relays: \$10.00
Splash Fee \$2.00

AWARDS: Awards for relay events will consists of ribbons for 1st-6th places. Awards for individual events will consist of medals for 1st-3rd places and ribbons for 4th-12th places. Heat winners for 8&U and 10&U events will receive a reward. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed.

FINAL RESULTS: One copy of the Meet's final results will be sent to each teams designated recipient. Additional copies may be ordered at \$5.00 per copy.

SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT(S). Staging assistance will be provided for 8 and 7&U events.

DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:00 am for the AM Session and 30 minutes before the PM Session starts. Swimmers unable to prove USA Swimming membership will be charged a deck-registration fee of \$47.

Coaches' packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times.

ADMISSION: Heat Sheets - \$3.00 each; Admission - \$2.00 for 18 and older.

CONCESSIONS: A large selection of food will be available at reasonable prices throughout the day.

MEET CONDUCT: All teams are responsible for the conduct of their swimmers. The meet Director/Marshall, at his/her discretion, shall remove nay swimmers or spectators who behave in a disruptive or disorderly manner.

OFFICIALS: Starter/Referees T.B.A.
Stroke & Turn T.B.A.

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LIST OF EVENTS

(Warm-ups 7:15-8:15 am. Meet starts at 8:30 am)

Girls	Age	Event	Boys
1	Mixed 10&U	200 Medley Relay	1
2	Mixed 8&U	100 Medley Relay	2
3	10	50 Backstroke	4
5	9	50 Backstroke	6
7	8	25 Backstroke	8
9	7 & U	25 Backstroke	10
11	10	50 Butterfly	12
13	9	50 Butterfly	14
15	8	25 Butterfly	16
17	7 & U	25 Butterfly	18
19	10	50 Free	20
21	9	50 Free	22
23	8	25 Free	24
25	7 & U	25 Free	26
27	10	50 Breaststroke	28
29	9	50 Breaststroke	30
31	8	25 Breaststroke	32
33	7 & U	25 Breaststroke	34
35	10 &U*	200 IM	36
37	8&U**	100 IM	38
39	Mixed 10&U	200 Freestyle Relay	39
40	Mixed 8&U	100 Freestyle Relay	40

* Required Distance Event; Event will be combined ages, but awarded by individual age (10 & 9)

** Event will be combined ages, but awarded by individual age (8 and 7&U)

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BREAK/WARM-UPS

(Warm-ups not before 11:00 am)

Girls	Age	Event	Boys
41	Mixed 11-12	200 Medley Relay	41
42	Mixed 13 & Over	200 Medley Relay	42
43	11	50 Backstroke	44
45	12	50 Backstroke	46
47	13	100 Backstroke	48
49	14 & Over	100 Backstroke	50
51	11	50 Butterfly	52
53	12	50 Butterfly	54
55	13	100 Butterfly	56
57	14 & Over	100 Butterfly	58
59	11	100 Free	60
61	12	100 Free	62
63	13	50 Free	64
65	14 & Over	50 Free	66
67	11	50 Breaststroke	68
69	12	50 Breaststroke	70
71	13	100 Breaststroke	72
73	14 & Over	100 Breaststroke	74
75	11-12 *	400 IM	76
77	13 & Over **	400 IM	78
79	Mixed 11-12	200 Freestyle Relay	79
80	Mixed 13 & Over	200 Freestyle Relay	80

* Required Distance Event; Event will be combined ages, but awarded by individual age (11 and 12)

** Required Distance Event; Event will be combined ages, but awarded by individual age (13 and 14&Over)

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Waiver

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with their heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, DeForest Aquatic Club, and the DeForest Area School District, and any other agents of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____
Team Name _____
Team Abbreviation _____
Coach(es) _____
Address for Final Results _____
City: _____ State: _____ Zip: _____
Contact: Name _____
Phone (_____) _____
Email _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$3.00 = \$ _____
Number of Swims Reserved _____ Reservation \$ _____
Balance Due for additional swims (enter zero is less) \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$2.00 = \$ _____
Number of Relay Swims _____ x \$10.00 = \$ _____
Total Entry Fee Due \$ _____

Make Checks Payable to: DeForest Aquatic Club

Mail Entries and Waiver to: Margaret Powers
1925 Barrington Circle
Sun Prairie, WI 53590
(608) 825-7482

ENTRIES MUST BE RECEIVED BY FRIDAY, MAY 12, 2006