

DeForest Aquatic Club Norskie Open
Sanction # 2003-005
January 25, 2003
A-BB-B-C

DATE: Saturday January 25, 2003
AM Session:
Warm-ups: 7:15 AM - 8:15 AM
First Event: 8:30 AM

PM Session: Will begin immediately after the AM session, but not before 11:00 AM.
Warm-ups: One hour
First Event: 10 minutes after the end of PM warm-ups.

LOCATION: DeForest High School
815 Jefferson St.
DeForest, Wisconsin 53593

FACILITY: Indoor 25 yard pool with six 7' lanes, non-turbulent lane markers, backstroke flags, 30" Paragon quick start slanted starting blocks, guttered pool. Pool depth is 10' at the starting block end and 3 1/2' at the opposite end.

TIMING: **Colorado Timing System** with Strobe/Horn Start, Touch pads and manual backup timing buttons. Each lane will have 2 timers with electronic stop watches. All events will be timed finals.

OFFICIAL RULES: 2003 USS and Wisconsin Swimming Rules shall govern this meet. Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.

WARM-UPS: The first 30 minutes of each warm-up session is circle swimming only, no diving from the starting blocks. The next 30 minutes: Lanes 2,3,4, and 5 sprints (one directional swimming from starting end only, diving from the blocks permitted). Lanes 1 and 6 circle swimming. Meet Marshals will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

ENTRIES: Completed entry forms , signed waiver, and fees must be received by **Friday, January 17, 2003**. Preferred method of entry is by diskette in HY-TEK COMMLINK format. Diskettes **MUST** be accompanied by a hard-copy listing. Current USS ID number **MUST** be included on the entry form. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming.

SEND ENTRY MATERIALS TO: Meet Director
Tom Burback
4876 Kirkwood Dr.
Waunakee, Wi. 53597
Home-(608)-846-2941
E-Mail- DFACwebsite@Hotmail.com

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DISABLED ATHLETES: Please indicate on the entry form any special needs required by a swimmer.

ENTRY LIMIT: Only the first 1200 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS.

AGE GROUPS 8&U, 10&U, 11-12, 13-14, Senior

ENTRY FEE: Individual Events: \$3.00
Relays: \$8.00
Splash Fee: \$1.25
Please make checks payable to DeForest Aquatic Club.

FINAL RESULTS: One copy of the Meet's final results will be sent to each teams designated recipient. Additional copies may be ordered at \$5.00 per copy.

AWARDS: Awards for relay events will consist of ribbons for **1st-6th** places. Awards for individual events will consist of medals for **1st-3rd** places and ribbons for **4th-12th** places. Heat winners for 8&U and 10&U events will receive ribbons. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed.

DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:15 AM for the AM Session and 15 minutes before the PM Session starts. Swimmers unable to prove USS membership will be charged a deck-registration fee of \$47.

SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HER/HIS EVENT. Staging assistance will be provided for 8&U events. * MAY BE LIMITED TO THE 12 FASTEST SEED TIMES IN THESE EVENTS.

ADMISSION: There will be a \$1.00 Admission charge for 18 and older. Heat sheets will be available for \$4.00 each. Coaches' packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USS membership at all times.

CONCESSIONS: A large selection of food will be available at reasonable prices throughout the day.

MEET CONDUCT: All teams are responsible for the conduct of their swimmers. The meet Director / Marshall, at his discretion, shall remove any swimmer's or spectators who behaves in a disruptive or disorderly manner.

OFFICIALS: Starter/Referees T.B.A.
Stroke & Turn T.B.A.

MEET DIRECTOR: Tom Burback
4876 Kirkwood Dr.
Waunakee, Wi. 53597
Home-(608)-846-2941
E-Mail- DFACwebsite@Hotmail.com

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LIST OF EVENTS

(Warm-ups 7:15 - 8:15 AM. Meet starts at 8:30 AM.)

| <u>Girls</u> | <u>Age</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------|---------------------|-------------|
| 1 | 10&U | 200 MEDLEY RELAY | 2 |
| 3 | 8&U | 100 MEDLEY RELAY | 4 |
| 5 | 10&U | 50 Backstroke | 6 |
| 7 | 8&U | 25 Backstroke | 8 |
| 9 | 10&U | 50 Butterfly | 10 |
| 11 | 8&U | 25 Butterfly | 12 |
| 13 | 10&U | 50 Free | 14 |
| 15 | 8&U | 25 Free | 16 |
| 17 | 10&U | 50 Breaststroke | 18 |
| 19 | 8&U | 25 Breaststroke | 20 |
| 21 | 10&U | 200 IM | 22 |
| 23 | 8&U | 100 IM | 24 |
| 25 | 10&U | 200 FREESTYLE Relay | 26 |
| 27 | 8&U | 100 FREESTYLE Relay | 28 |

BREAK/WARMUPS

(Warm-ups not before 11:00 AM.)

| <u>Girls</u> | <u>Age</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------|---------------------|-------------|
| 29 | 11-12 | 200 MEDLEY RELAY | 30 |
| 31 | 13 -14 | 200 MEDLEY RELAY | 32 |
| 33 | Senior | 200 MEDLEY RELAY | 34 |
| 35 | 11-12 | 50 Backstroke | 36 |
| 37 | 13-14 | 100 Backstroke | 38 |
| 39 | Senior | 100 Backstroke | 40 |
| 41 | 11-12 | 50 Butterfly | 42 |
| 43 | 13-14 | 100 Butterfly | 44 |
| 45 | Senior | 100 Butterfly | 46 |
| 47 | 11-12 | 50 Free | 48 |
| 49 | 13-14 | 100 Free | 50 |
| 51 | Senior | 100 Free | 52 |
| 53 | 11-12 | 50 Breaststroke | 54 |
| 55 | 13-14 | 100 Breaststroke | 56 |
| 57 | Senior | 100 Breaststroke | 58 |
| 59 | 11-12 | 200 IM | 60 |
| 61 | 13-14 | 400 IM | 62 |
| 63 | Senior | 400 IM | 64 |
| 65 | 11-12 | 200 FREESTYLE RELAY | 66 |
| 67 | 13-14 | 200 FREESTYLE RELAY | 68 |
| 69 | Senior | 200 FREESTYLE RELAY | 70 |
| * 71 | Senior | 1000 Free | * 72 |

* May be limited to the 12 fastest seed times per event

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RELAY ENTRIES

Team _____

| EVENT | AGE GROUP | RELAY | TEAM A | TEAM B | TEAM C |
|-------|--------------|------------------|--------|--------|--------|
| 1 | 10&U GIRLS | 200 Medley RELAY | | | |
| 2 | 10&U BOYS | 200 Medley RELAY | | | |
| 3 | 8&U GIRLS | 100 Medley RELAY | | | |
| 4 | 8&U BOYS | 100 Medley RELAY | | | |
| 25 | 10&U GIRLS | 200 FREE RELAY | | | |
| 26 | 10&U BOYS | 200 FREE RELAY | | | |
| 27 | 8&U GIRLS | 100 FREE RELAY | | | |
| 28 | 8&U BOYS | 100 FREE RELAY | | | |
| 29 | 11-12 GIRLS | 200 Medley RELAY | | | |
| 30 | 11-12 BOYS | 200 Medley RELAY | | | |
| 31 | 13-14 Girls | 200 Medley Relay | | | |
| 32 | 13-14 Boys | 200 Medley Relay | | | |
| 33 | SENIOR Girls | 200 Medley Relay | | | |
| 34 | SENIOR Boys | 200 Medley Relay | | | |
| 65 | 11-12 Girls | 200 Free Relay | | | |
| 66 | 11-12 Boys | 200 Free Relay | | | |
| 67 | 13-14 Girls | 200 Free Relay | | | |
| 68 | 13-14 Girls | 200 Free Relay | | | |
| 69 | SENIOR Girls | 200 Free Relay | | | |
| 70 | SENIOR Boys | 200 Free Relay | | | |

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WAIVER

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, DeForest Aquatic Club, and the DeForest Area School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____
 Team Name _____
 Team Abbreviation _____
 Coach(es) _____

Address for Final Results

Contact Name & Phone _____
 Contact Email _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$3.00 = \$ _____
 Number of Swims Reserved _____ Reservation \$ _____
 Balance Due for additional Swims (enter zero if less) _____ \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$1.25 = \$ _____
 Number of Relay Swims _____ x \$8.00 = \$ _____
 Total Entry Fee due \$ _____

Make Checks Payable to DeForest Aquatic Club
 Mail Entries to:

Tom Burbach
 4876 Kirkwood Dr.
 Waunakee, Wi. 53597
 (608) 846-2941

Entries Must be received by Friday January 17, 2003